Total Score = Performance + Participation - last updated 29/12/24

Performance = Best 3 Scores of 5 (season's best times) | **Participation = Best 3 Scores of 5 (ranked first by numbers completed)**

Score	5 Mile	10K	10 Mile	Half Marathon	Marathon	**CCEs**: total score across 5 races (up to your best 4), from CCE website	**RRISs**: % rank across races (up to your best 4), from RRIS website	**HRRL**: % rank across races (up to your best 4), from HRRL website	**PARKRUN**	**HKCL**: total score across races (up to your best 3), from HKCL website
30	Dave Ulett Victory 36.58	Paul Muir TRC 10K **42.13 PB**	Dave Ulett New Forest 1.02.26	Shaun Egan Gosport 1.38.05	Neil Cameron IOW 4.53.20	Dave Ulett 13 *1 race*		Dave Ulett 89.58% 8 race	Dave Ulett **37.28 PB** 32 parkruns (12)	Mark Jones 980 *3 race*
29	Christian Pellat Victory **40.02**	Brian Frampton Run Through Kew 47.28	Tony Lees Tring 1.17.46	Dave Ulett Gosport 1.38.05	Andy Waules Ridgeway 3.56.47	Tony Lees 12 *2 race*		Tony Lees 94.44% 9 race	**NEIL WHITE 250+** **26.46 PB** 32 parkruns (10)	Andy Gates 848 *3 race*
28	Tom Vivian Victory **41.22 PB**	Darren Anderson TRC 10K 45.25	Rob Kendall New Forest 1.13.26	Karen Whitehead Solent **1.21.55 PB**	Andy Waules Abingdon 4.16.33	Brian Leigh 106 *3 race*		Mike Hodges 37.50% 4 race	**DAVID HARRIS 250+** 35.39 22 parkruns (19)	Dave Ulett 690 *2 race*
27	Tony Lees Victory 51.52	Andy Gates TRC 10K 45.25	Brian Leigh New Forest 1.15.18	Tessa Wilks Solent **1.25.02 PB**		Neil White 130 *2 race*		Neil White 66.27% 6 races	**TONY LEES 250+** 35.56 22 parkruns (13)	Tony Gowning 434 *2 race*
26	Mark Jones Victory 56.26	Brian Leigh Run Out of Gas 46.19	Tony Gowning New Forest 1.16.26	Neil White Solent 1.26.32		Andy Waules 97 *2 race*		Brian Leigh 75.00% 3 race	Brian Leigh 36.01 22 parkruns (13)	Mike Mills 400 *2 race*
25	Andy Evans Victory **39.02 PB**	Neil Cameron Run through 47km 46.41	Mike Gordon New Forest 1.26.17	Tony Lees Solent 1.36.02		Steve Cox 206 *2 race*		Mike Mills 6.8% 3 race	**ANDY WARREN 250+** 35.91 22 parkruns (17)	Jon Pevitt 186 *1 race*
24	Bindi Virgo Dance 1.00.00	Stuart Le Noble TRC 10K 47.00	Peter Mills Bideford 10 miles 1.27.00	John White Gosport 1.36.39		Shaun Cox 286 *3 race*		Lee Watt 39.98% 5 race	**Scott Gibbons 250+** 37.36 22 parkruns (10)	Scott Lockett 222 *2 race*
23	Lee Watt Victory **37.29 PB**	David Lockett TRC 10K 48.09	Peter Cox New Forest 1.39.09	Luke Mills Solent **1.39.32 PB**		Dave Murray 307 *2 race*		Steve Cox 10.66% 2 race	Ian Nash 22.50 22 parkruns (12)	
22	Nick White Harlow **36.14 PB**	Neil White TRC 10K 54.30	Denis Coady New Forest 1.47.09	Mike Gordon Gosport 1.38.20		Mike Mills 330 *1 race*		Shaun Egan 95.35% 2 race	**Steve Gubbin 100+** 39.30 22 parkruns (14)	
21	Mike Gordon Victory **36.24**	Mike Gordon TRC 10K **54.56**	Mike Mills New Mills 1.52.02	Neil Cameron Run Dorset 1.58.08		Paul Muir 84 *1 race*		Chris Hicks 86.66% 1 race	Shaun Cox 23.00 22 parkruns (12)	
20	Neil Cameron Victory **36.37**	Neil Mcdaid TRC 10K **1.03.10 PB**		Luke Watt Gosport **1.01.17 PB**		Stuart Booth 48 *2 race*		Stuart Booth 85.80% 2 race	**RUE NEALON 250+** 37.56 22 parkruns (16)	
19	Tony Kendrick Victory **36.45**			Steve Cox Solent **2.02.57 PB**		Mark Jones 53 *1 race*		Christian Pellat 90.20% 1 race	**Craig Taylor 100+** 39.40 22 parkruns (12)	
18	Stuart Booth Victory **50.24**			Richard Pollard Ryca Fairo 2.07.51		Kevin Hopkins 60 *2 race*		Kevin Hopkins 84.62% 2 race	**MIKE HARRIS 250+** 34.37 22 parkruns (11)	
17				Mike Mills Gosport 2.36.48		Andy Gates 66 *2 race*		Tony Gowning 51.3% 2 race	Shaun Egan **36.14 PB** 2 parkruns (2)	
16						Jaco Pienaar 47 *2 race*		Mark Jones 51.28% 2 race	**Paul Gale 100+** 34.58 2 parkruns (4)	
15						Geoff Willis 77 *2 race*		Andy Waules 84.46% 2 race	Mike Read 33.30 2 parkruns (3)	
14						Luke Stant 109 *2 race*		Nick White 34.35% 2 race	Rob Kendall 33.12 2 parkruns (4)	
13						Kamuru Rano 111 *2 race*		John White 33.48% 2 race	Simon Hall 33.28 2 parkruns (2)	
12						Denis Coady 106 *2 race*		Luke Mills 28.78% 2 race	Keith Collier 33.48 2 parkruns (6)	
11								Neil Cameron 24.80% 1 race	Mark Jones 33.50 2 parkruns (6)	
10								Denis Coady 6.48% 2 race	**Neil Cameron 100+** 33.17 2 parkruns (4)	
9								Tony Kendrick 4.9% 1 race	**Oscar Cevalos 100+** 33.14 2 parkruns (6)	
8									Stan Burgess **33.23 PB** 2 parkruns (7)	
7									Andy Gates 33.27 3 parkruns (1)	
6									Mark Hayes 33.28 3 parkruns (8)	
5									**Graham Burgess 100+** 33.30 2 parkruns (1)	
4									Geoff Willis 33.34 2 parkruns (2)	
3									Jaco Pienaar 33.36 2 parkruns (4)	
2									Ian Dutton 33.39 2 parkruns (2)	
1									**Kamuru Rano 100+** 33.55 2 parkruns (1)	
									Mark White 33.58 2 parkruns (6)	
									JON MURDEN 250+ 33.26 2 parkruns (4)	
									Adam Hayes 34.30 2 parkruns (6)	
									PETE ELLIS 250+ 33.56 2 parkruns (6)	
									Andy Waules 34.38 2 parkruns (3)	
									Andy Krecklow 100+ 35.48 2 parkruns (4)	
									Stan Lovell 35.48 2 parkruns (3)	
									Shaun Cox 35.48 2 parkruns (2)	
									Denis Coady 36.48 2 parkruns (6)	
									Tony Kendrick 250+ 29.40 3 parkruns (6)	
									Dave Murray 32.40 2 parkruns (6)	
									Paul Gale 100+ 37.42 2 parkruns (2)	
									Lindsay Davies 250+ 37.42 2 parkruns (10)	

Performance best 3 of 5 scores					**Participation** best 3 of 5 scores					**Total score**	**Position**	**Name**	**Category**
30	29	28	28		30	29	28	28		179	1	Dave Ulett	V60
27	26	26	25		29	28	27	27		159	2	Tony Lees	V60
23	23	23	23		28	26	26	26		147	3	Neil Parker	V60
22	22	22	22		27	25	25	25		138	4	Brian Leigh	V60
21	21	21	21		26	24	24	24		132	5	Andy Gates	V60
20	20	20	20		25	23	23	23		127	6	Mike Gordon	V60
19	19	19	19		24	22	22	22		122	7	Lee Watt	V60
18	18	18	18		23	21	21	21		117	8	Neil Cameron	V60
17	17	17	17		22	20	20	20		111	9	Mark Jones	V50
16	16	16	16		21	19	19	19		103	10	Richard Hall	V60
15	15	15	15		20	18	18	18		99	11	Andy Waules	V60
14	14	14	14		19	17	17	17		93	12	Tony Gowning	V60
13	13	13	13		18	16	16	16		87	13	Andy Evans	V60
12	12	12	12		17	15	15	15		81	14	Paul Muir	V60
11	11	11	11		16	14	14	14		75	15	Adam Whitmarsh	V60
10	10	10	10		15	13	13	13		69	16	Denis Coady	V60
9	9	9	9		14	12	12	12		63	17	Brian Frampton	V60
8	8	8	8		13	11	11	11		57	18	Paul Muir	V60
7	7	7	7		12	10	10	10		51	19	Stuart Lockett	V60
6	6	6	6		11	9	9	9		45	20	Jon Pevitt	V60
5	5	5	5		10	8	8	8		39	21	Keith Whitney	V60
4	4	4	4		9	7	7	7		33	22	Nick White	V60
3	3	3	3		8	6	6	6		27	23	John White	V60
2	2	2	2		7	5	5	5		21	24	Mike Mills	V60
1	1	1	1		6	4	4	4		15	25	Darren Anderson	V50
					5	3	3	3		14	26	Tony Kendrick	V60
					4	2	2	2		10	27	Kamuru Rano	V50
					3	1	1	1		6	28	Tessa Wilks	V60
					2					2	29	Mandi Lee	V50
					1					1	30	Richard Le Noble	V60
											31	Paul Butler	V60
											32	Mike Read	V60
											33	Richard Pollard	V60
											34	Tomer Gal	V50
											35	Keith Collier	V60
											36	Drew Coombe	V50
											37	Stan Burgess	V60
											38	Mark Hayes	V60
											39	Graham Burgess	V60
											40	Ian Dutton	V60
											41	Jon Murden	V60

Volunteering
Walk & Wheels 1 point
Run & Jog 2 points
parkruns, & events organisers, all points for that month

WALKING WHEELCHAIR 250+
40
26pr 20k CCE 30

Emily Staveley V50+
40
26pr 20k CCE 30

Sean Mackay
37
2pr 20k CCE 30

Jon Pevett
37
2pr 20k CCE 30

Sarah Gordon
36
2pr 20k CCE 30

Peter Ellis
36
2pr 20k CCE 30

Rob Barlow
36
2pr 20k CCE 30

Craig Taylor
36
2pr 20k CCE 30

Nick White
28
10k CCE 30

Mike Mills
28
10k CCE 30

Rob Kendall
28
10k CCE 30

Emma Pilbeam
28
10k CCE 30

Angela Tuffin
28
10k CCE 30

Helen Heinze Baker
28
10k CCE 30

SUE TCMO V100+
20
10pr 10

Lee Stant
20
1pr 20k 30

Alison Cooper
20
1pr 20k 30

Rachel Townsend
20
10k 10

Andy Walker
20
10k 30

SUSANNE LETHBRIDGE V100
20
20pr 10

Christine Hendrickson V60+
20
2pr CCE 30

Keith Whibley
20
1pr CCE 30

David Lockett
20
1pr CCE 30

Mike Gordon
20
1pr CCE 30

Sophie Coady
20
20k CCE

Caroline Innis
20
20k CCE

Sam Beever
20
20k CCE

Kev Latimer
20
CCE 30

Ian Dutton
20
CCE 30

Paul Muir
20
CCE 30

Scott Linton
20
CCE 30

Teresa Dobbs
20
CCE 30

Tina Wills
20
CCE 30

Lyndsey Davis
20
CCE 30

Steve Cox snr
20
CCE 30

Andy Gates
20
CCE 30

Andy Gates
20
CCE 30

Amanda Jones
20
CCE 30

Jeanette Hiscocks
20
CCE 30

Neil Cameron
20
CCE 30

Denis Coady
20
CCE 30

Lena Bull
20
CCE 30

Kirsty Macbeth
20
CCE 30

Neil White
12
1pr 30

Elizabeth White
12
1pr 30

Dot Kennard
12
1pr 30

Alison Kamuru V60+
12
1pr 30

Stuart Booth
20
20k

Kim Smith
20
20k

Farah Hilliard
20
20k

Paul Gale
20
20k

Sean Ulett
20
20k

Steve Cox
20
20k

Caroline Orchard
20
5k

Jenny Symonds
20
5k

Rachel McCulloch
20
5k

Rose Pilbeam
20
5k

Andy Beans
20
5k

Mel Gines
20
5k

Dean Lewis
20
5k

Jim Brenchley
20
5k

Louise Hemming
20
10k

Sean Driscoll
20
5k

Graham Burgess
20
5k

Carly Lucas
20
5k

Sharon Palmer
20
5k

Geoff Willis
20
5k

Simon Mason
20
5k

Martin Nagus
20
5k

Kyle Nagus
20
5k

Hollie Lowe
20
5k

Lisa White
20
5k

Rebecca Hayes
20
5k

Mark Hayes
20
5k

Jill Hazleton
20
5k

Selena Keys
20
5k

Stephanie Rickson
20
5k

Tony Krecklow V60+
4
2pr CCE

Laura Hanna
4
1pr CCE

Patricia Spadaro
4
1pr CCE

Omar Cevalos
4
CCE

Lynda Mowery
4
CCE

Claire Taylor
4
CCE

Evie Lambert
4
CCE

Shaun Ryan
4
CCE

Emma Lockey
4
CCE

Darren Coleman
4
CCE

Lyn Hatchett
4
CCE

Jo Henry
4
CCE

John Murrell
4
CCE

Janet Poole
4
CCE

Dan Burgess
4
CCE

Donna Pike
4
CCE

Dave Ulett
4
CCE

Ally Driver
4
CCE

Andy Mitchell V35+
4
5pr

Karen Williams
4
CCE

Tiddy Lees V35+
4
5pr

Kate Snow V50+
4
5pr

Lena Bills
4
5pr

Lisa Jones
4
1pr

Brian Frampton
4
1pr