2024-25 SEASON — **Total Score = Performance + Participation**

Score	Performance = Best 3 Scores of 5 (season's best times)					Participation = Best 3 Scores of 5 (ranked first by numbers completed)					SCORE								
	5 Mile	10K	10 Mile	Half Marathon	Marathon	**CCGs**: total score across races (up to your best 6), from SDCG website	**RR10s**: % rank across races (up to your best 6), from SDCG website	**HRRL**: % rank across races (up to your best 7), from HRRL website	**PARKRUN**	**HXCL**: total score across races (up to your best 3), from HXCL website	Performance (best 3 of 5 scores					Participation (best 3 of 5 scores		Total score	Position	Name	Category
30	James Dietz Romney 5 34:38 [illegible]	Josh Denham Lockdrill 33:12 PB	Dave Ulett Salisbury 1:20:12 PB	Shaun Egan Wokingham 1:21:10 PB	Stuart Le Tissier Manchester 3:07:38 PB	Dave Ulett 20 1 race	Neil White 75.54% 2 races	Dave Ulett 86.33% 2 races	**BIGL SOUTH 250+** **32.00 PB** 47:00 parkrun 240	Mark Jones 990 2 races	30	28	28	28	28	30	28	190	1	Dave Ulett	V50
29	Mark Jones Vinney 28:08	Dave Ulett Robbie 10k 36:00	Dave Ulett Salisbury 1:20:08	Mark Jones Southampton 1:35:22 PB	Dave Ulett Milton Keynes 3:26:37 PB	Mark Jones 73 2 races	Andy Sheldon 98.43% 2 races	Andy Sheldon 96.93% 2 races	**Andy Sheldon 100+** **20.22** 47:00 parkrun 240	Andy Sheldon 609 2 races	29	29	29	29	29	29	29	187	2	Mark Jones	V40
28	Christian Pallot Vinney 30:49	Dave Ulett Copythorne 37:31	Darren Anderson Salisbury 1:27:49 PB	Dave Ulett Gosport 1:23:50	Neil White 116 2 race	Neil White 116 2 race	Andy Sheldon 93.75% 2 race	Brian Leigh 96.55% 2 race	**TONY LEE 250+** 28.58 47:00 parkrun 240	Dave Ulett 192 2 race	28	27	27	27	27	28	27	182	3	Mark Jones	V40
27	Mike Bolton Vinney 32:22 PB	Adrian Hopkins Copythorne 37:00	Dave Ulett New Forest 1:12:28	Dave Ulett Southampton 1:21:10 PB	Dave Ulett London 3:27:38 PB	Paul Bell 117 1 race	Andy Sheldon 93.07% 2 race	Christian Pallot 96.15% 2 race	**Christian Pallot 100+** **20.77** 47:00 parkrun 240	Tony Greening 594 2 race	27	26	26	26	26	27	26	175	4	Dave Ulett	V50
26	Tony Lewis Vinney 32:52	Stuart Le Tissier Eastleigh 38:38	Ken Kendall New Forest 1:13:28	Trevor Hale Bicester 1:25:32 PB	Neil Cameron Milton Keynes 3:33:15	Mark Jones 108 3 races	Andy Sheldon 92.31% 3 races	Ken Kendall 95.0% 2 race	**ANDY WARNER 250+** 21.98 47:00 parkrun 240	Mike Mills 690 2 race	26	25	25	25	25	26	25	168	5	Stuart Le Tissier	V60
25	Mark Jones Romney 5 36:06	Dave Tisdall Lockdrill 38:55 PB	Mark Jones Salisbury 1:14:14	Neil White Southampton 1:24:14	Andy Sheldon Paris 3:35:17	Tony Lewis 97 2 race	Neil White 91.67% 2 race	Mike Mills 94.7% 2 race	**Keith Whitten 100+** **19.75** 47:00 parkrun 240	Jon Pickett 1 1 race	25	24	24	24	24	25	24	161	6	Tony Lewis	V60
24	Andy Warren Ballinrobbogh 33:41	Ian Whale Stubbington 38:10	Andy Warren Salisbury 1:15:38 PB	Tony Lewis Sussex 1:39:22	Andy Sheldon Manchester 3:35:37 PB	Brian Leigh 196 Debut	Brian Leigh 87.23% 2 race	Brian Leigh 93.57% 2 race	**Greg Taylor 100+** 28.07 47:00 parkrun 240	David Lockwell 333 1 race	24	23	23	23	23	24	23	158	7	Andy Warren	V60
23	Andy Evans Vinney 30:30 PB	Dominic Robinson Romney 5 36:37 PB	Ken Kendall New Forest 1:10:40	Mark Jones Southampton 1:27:10 PB	Andy Sheldon Milton Keynes 4:16:16	Andy Warren 117 2 race	Andy Sheldon 87.22% 2 race	Lee Elliott 92.31% 2 race	**NEIL BARRETT 250+** 18.00 47:00 parkrun 240	Andy Evans 1 1 race	23	22	22	22	22	23	22	152	8	Ian Whale	V70
22	Brian Leigh Overton 36:47	Carl Wilkins Copythorne 37:20	Terry Greening New Forest 1:16:28	Brian Farrington Southampton 1:31:00	Ian Beasley London 4:20:16 PB	Andy Gates 203 2 race	Brian Leigh 87.08% 2 race	Brian Leigh 93.05% 2 race	**MIKE BILLS 250+** 21.45 47:00 parkrun 240	Andy Evans 2 2 race	22	21	21	21	21	22	21	150	9	Mike Bolton	V60
21	Lee Elliott Romney 5 37:20 PB	Rick Kimball Andover 37:46	Brian Farrington Romsey 1:17:15	John Winter Southampton 1:36:27	Mike Mills London 4:22:21	Mike Mills 361 2 race	Andy Gates 86.96% 2 race	Ken Kimball 92.9% 2 race	**Gene Lewis 100+** 20.47 47:00 parkrun 240	Ian Beasley 3 2 race	21	20	20	20	20	21	20	147	10	Andy Evans	V50
20	Nick Winter Overton 36:14 PB	Paul Moor TRC 10K 43:12 PB	Lee Short Salisbury 1:18:20	Mike Gordon Gosport 1:28:20	Mike Mills London 4:28:21	Mike Mills 361 2 race	Mike Mills 86.11% 2 race	Ian Beasley 92.35% 2 race	**Andy Gates 100+** 20.18 47:00 parkrun 240	Lee Short 1 1 race	20	19	19	19	19	20	19	145	11	Brian Leigh	V60
19	Mike Bolton Romney 5 38:24	Mark Jones Robbie 10k 43:24 PB	Mike Bolton Salisbury 1:21:41	Lee Short Southampton 1:40:20 PB	Andy Sheldon Paris 3:35:17 PB	Andy Gates 203 2 race	Dominic Robinson 86.11% 2 race	Andy Gates 91.67% 2 race	**Mike Bolton 100+** 19.75 47:00 parkrun 240	Andy Gates 2 2 race	19	18	18	18	18	19	18	142	12	Mike Gordon	V60
18	Nick Cameron Vinney 38:37	Brian Farrington Run through 3/5km 42:30	Mark Hayes Ryde 1:29:32	Nick Cameron Winchester 1:50:50	Nick Cameron Milton Keynes 4:35:37	Dave Bowley 625 3 races	Andy Sheldon 8.71% 2 races	Alan Kinsler 90.48% 2 race	**Andy Sheldon 100+** 21.97 47:00 parkrun 240	Mike Mills 361 2 race	18	17	17	17	17	18	17	140	13	Andy Gates	V50
17	Ian Thomas Romney 5 39:00	Tony Lewis Stubbington 43:40	Ian Beasley Salisbury 1:37:41	Sean Driscoll Southampton 1:40:41		Lee Short 1 2 race	Mike Mills 3.00% 2 race	Neil Cameron 89.66% 2 race	**Lindsay Davies 100+** 19.00 47:00 parkrun 240	Lee Short 1 1 race	17	16	16	16	16	17	16	138	14	Lee Short	V50
16	Steven Greene Romney 5 37:42 PB	Andy Warren Stubbington 43:00 PB	Pete Ellis Bordon 10 miles 1:37:50	Lee Short Gosport 1:31:12 PB		Geoff Willis 171 2 race	Paul Cole 2.63% 2 race	Tony Fenwick 8.25% 2 race	**Mark Jones** **20.00 PB** 47:00 parkrun 240	Mike Mills 361 2 race	16	15	15	15	15	16	15	136	15	Andy Sheldon	V60
15	Tony Hendrick Vinney 40:00	Andy Gates TRC 10K 43:50	Derek Cosby New Forest 1:38:00	Andy Gates Southampton 1:41:00		Neil Cameron 392 2 race	Derek Cosby 93.84% 2 race	Andrew Anderson 93.84% 2 race	**Steve Cox 100+** 20.18 47:00 parkrun 240	Andy Gates 2 1 race	15	14	14	14	14	15	14	134	16	Andy Gates	V50
14	Mike Bolton Vinney 38:56	Jon Marsden 46:00	Steve Cox New Forest 1:39:08	Steve Cox Southampton 1:39:28 PB		Craig Taylor 216 2 race	Steve Cox 29.36% 2 race	Steve Cox 92.0% 2 race	**Jon Pennell** 22.28 47:00 parkrun 240	Mark Hayes 1 1 race	14	13	13	13	13	14	13	132	17	Steve Cox	V50
13	Rob Barlow Romney 5 41:15	Anne Lang Run through 3/5km 46:16	Mike Mills Salisbury 1:40:09	Stuart Foster Southampton 2:03:30		Steven Cox 1 2race	Steven Cox 29.36% 2 race	Steven Cox 91.67% 2 race	**Steven Cox 100+** 19.00 47:00 parkrun 240	Nick White 1 1 race	13	12	12	12	12	13	12	126	18	Paul Moor	V50
12	Paul Dark Romney 5 1:07:43	Lee Tran Stubbington 46:02 PB		Ian Beasley Southampton 2:04:40		Jack Denham 9 1 race	Nick Kimber 27.25% 2 race	Nick Kimber 89.80% 2 race	**Trevor Hale 100+** 20.32 47:00 parkrun 240	Adam Wilkinson 1 1 race	12	11	11	11	11	12	11	124	19	Andy Warren	V70
11		Keith Whitten Copythorne 46:39		Steve Cox Southampton 2:05:07 PB		Stuart Booth 1 1 race	Ian Beasley 26.92% 2 race	Christian Pallot 89.49% 2 race	**Paul Dale 100+** 20.00 47:00 parkrun 240	Christian Pallot 1 1 race	11	10	10	10	10	11	10	122	20	Lee Tran	V50
10		Neil Cameron Run through 3/5km 46:44		Andy Mansfield Royal Parks 2:07:41		Keith Whitten 60 1 race	Andy Gates 26.47% 2 race	Stuart Le Tissier 75.50% 1 race	**Steve Murray** 20.37 47:00 parkrun 240	Steve Murray 1 1 race	10	9	9	9	9	10	9	116	21	Andy Warren	V70
9		Mike Gordon Stubbington 46:48		Ed Heard Southampton 2:08:46 PB		Jon Marsden 1 1 race	Steven Bowering-Martin 25.00% 2 race	Tony Greening 74.24% 1 race	**JON MARSDEN 250+** 19.00 47:00 parkrun 240	Jon Marsden 1 1 race	9	8	8	8	8	9	8	110	22	Andy Gates	V50
8		Alistair Longworth TRC 10K 46:52 PB		Mike Mills Gosport 2:18:40		Andy Evans 68 1 race	Ian McEnerney 22.22% 2 race	Jon Marsden 69.65% 1 race	**Andy Gates** **20.00 PB** 47:00 parkrun 240	Andy Gates 1 1 race	8	7	7	7	7	8	7	104	23	Steve Greene	V50
7		Ian Whale Lockdrill 46:58				Nick Kimber 70 1 race	Nick Kimber 19.23% 2 race	Andy Sheldon 68.24% 1 race	**Nick Kimber** **20.48 PB** 47:00 parkrun 240	Nick Kimber 1 1 race	7	6	6	6	6	7	6	102	24	Alistair Longworth	V50
6		Steve Cox Copythorne 46:59				John Pennell 75 1 race	Tony Fenwick 15.84% 2 race	Andy Evans 66.67% 1 race	**Andy Evans** **20.48 PB** 47:00 parkrun 240	Andy Evans 1 1 race	6	5	5	5	5	6	5	100	25	Steven Greene	V50
5		Ian Whale Lockdrill 46:02 PB				Steve Greene 108 1 race	David Bowley 8.76% 2 race	Nick White 64.29% 1 race	**Nick White** **20.00 PB** 47:00 parkrun 240	Nick White 1 1 race	5	4	4	4	4	5	4	98	26	Ian Whale	V70
4		Mark Hayes Copythorne 46:10				Eamonn Rivers 1 1 race	Mark Whitlock 2.88% 2 race	Mark Whitlock 63.64% 1 race	**John Wilson** **19.85 PB** 47:00 parkrun 240	**Andy Mansfield 100+** **20.00** 47:00 parkrun 240	4	3	3	3	3	4	3	96	27	Jon Pickett	V50
3		Luke Mills Eastleigh 46:02 PB				David Lockwell 113 1 race	Andy Gates 21.82% 2 race	Luke Mills 38.75% 1 race	**Andy Gates** **19.77 PB** 47:00 parkrun 240	Andy Gates 1 1 race	3	2	2	2	2	3	2	94	28	Andy Mansfield	V70
2		Ian Thomas Stubbington 46:00				Darren Hilliard 1 1 race	Ian Beasley 18.18% 2 race	Ian Beasley 36.19% 1 race	**Ian Beasley** **19.73 PB** 47:00 parkrun 240	Ian Beasley 1 1 race	2	1	1	1	1	2	1	92	29	Colin Bowering	V60
1		Keith Lutton Copythorne 46:13					Steve Lewis 16.13% 2 race	Steve Lewis 35.48% 1 race	**Keith Lutton** **19.58 PB** 47:00 parkrun 240	Jack Denham 1 1 race	1	0	0	0	0	1	0	90	30	Andy Warren	V70
	Tony Kimber Copythorne 46:52						Mike Read 13.30% 2 race	Ian Bradley 34.41% 1 race	**Ian Bradley** **19.42 PB** 47:00 parkrun 240												
	Rob Barlow Romney 5 46:52						Neil Cameron 10.84% 2 race	Rob Kimber 7.95% 1 race	**Rob Kimber** **19.38 PB** 47:00 parkrun 240												
	Tony Lewis TRC 10K 1:05:12 PB						Jack Denham 9.09% 2 race		**Jack Denham** **19.32** 47:00 parkrun 240												
	Mike Mills Lockdrill 1:02:32						Stuart Le Tissier 10.75% 2 race		**Stuart Booth** **19.08** 47:00 parkrun 240												
							Colin Pegg 10.23% 2 race		**Colin Pegg** **18.97** 47:00 parkrun 240												
							Alistair Longworth 29.7% 1 race		**Alistair Longworth** **18.92** 47:00 parkrun 240												
							Tony Lewis 27.4% 1 race		**Tony Lewis** **18.92** 47:00 parkrun 240												
							Jon Pickett 26.0% 1 race		**Jon Pickett** **18.92** 47:00 parkrun 240												
							Mike Gordon 24.87% 1 race		**Mike Gordon** **18.87** 47:00 parkrun 240												

Volunteering	Male & female 1 point for each parkrunner person, 3 points COURSE10 10 points for TRC
HOLMES CHAPEL VOG+	
76	
Alex Tilly 100 (CCB 20 RR10	
Mark Lewis	
73	
Ellen Hill CCB 20 RR10 10x	
BUCTURNS VOG+	
47	
Ellen Hill	
37	
Sue Ellis CCB 20 RR10 10x	
Tony Bowden VOG+	
40	
Tony Bowden	
37	
Sue Ellis CCB 20 RR10 10x	
Paul Ellis	
35	
Sue Ellis CCB 20 RR10 10x	
Mike Mills	
41	
Sue Ellis CCB 20 RR10 10x	
Rob Nendell	
35	
Sue Ellis CCB 20 RR10 10x	
Angela Duffy	
34	
Sue Ellis CCB 20 RR10 10x	
Ingrid Brown	
34	
Sue Ellis CCB 20 RR10 10x	
Lee Short	
34	
Sue Ellis CCB 20 RR10 10x	
MARLOW STRIDERS VOG+	
33	
Ellen Hill	
Jane Marie Vanderpoel VOG+	
34	
Sue CCB 20 RR10 10x	
Mike Bartlett	
34	
Sue CCB 20 RR10 10x	
Jon Pennell	
29	
Sue Ellis CCB 20 RR10	
Rob Nelles	
29	
Sue Ellis CCB 20 RR10	
Greg Taylor	
29	
Sue Ellis CCB 20 RR10	
Amanda Jones	
29	
Sue CCB 20 RR10 10x	
Andy Parker	
29	
Sue Ellis CCB 20 RR10	
Denise Pilbeam	
29	
Sue CCB 20 RR10	
Kirsty Macbeth	
29	
CCB 20 RR10 10x	
Jo Gallin	
29	
CCB 20 RR10 10x	
Teresa Dudin	
29	
CCB 20 RR10 10x	
Neil Cameron	
29	
CCB 20 RR10 10x	
Alison Tanner	
29	
Sue CCB 20 RR10	
Keith Whitten	
29	
Sue CCB 20 RR10	
Stuart Le Tissier	
29	
Sue CCB 20 RR10 10x	
Andy Parker	
29	
Sue CCB 20 RR10	
Denise Pilbeam	
29	
CCB 20 RR10 10x	
Kirsty Macbeth	
29	
CCB 20 RR10 10x	
Jo Gallin	
29	
CCB 20 RR10 10x	
Teresa Dudin	
29	
CCB 20 RR10 10x	
Neil Cameron	
29	
CCB 20 RR10 10x	
Rachel Tearwood	
29	
CCB 20 RR10	
Sam Bearger	
29	
Sue CCB CCB 10x	
Jo Lucas	
29	
SARRC 10k	
Tina Mills	
29	
CCB 20 10k	
Rachel McCulloch	
29	
SARRC 10k	
Jeanette Hancock	
29	
CCB 20	
Paul Dark	
29	
Sue 10k RR10 10k	
Jeanette Hancock	
10k RR10 10k	
Sandra Cosby	
29	
Sue10 CCB RR10	
Sophie Cosby	
29	
Sue10 CCB RR10	
David Lester	
27	
Sue CCB 20 RR10	
Sophie Cosby	
27	
Sue CCB 20 RR10	
Ken Gardener	
28	
CCB 20 RR10	
Julian	
28	
CCB 20 RR10	
Andy Warren	
28	
CCB 20 RR10	
Andy Sales	
28	
CCB 20 RR10	
Tanya Davis	
28	
Sue 20 10k	
Lana Bull	
28	
CCB 20 RR10	
Jo Lucas	
28	
Sue 20 RR10	
David Lockwell	
28	
Sue CCB 20	
Kyle Rogers	
28	
Sue 20 RR10	
Gary Mellon	
28	
Sue RR10 10k	
Lyndsay Davis	
28	
CCB 20	
Diane Cox ser	
28	
CCB ar	
Caroline Ivers	
28	
10k CCB	
Stuart Booth	
28	
10k RR10 10k	
Kate Neale	
28	
10k RR10	
Farah Hibbard	
28	
10k RR10	
Jenny Symonds	
28	
20 RR10	
Rene Pilbeam	
28	
20 RR10	
Sharon Palmer	
28	
20 RR10	
Louise Hemming	
28	
10k RR10	
Geoff Willis	
28	
20 RR10	
Lisa Wilde	
28	
20 RR10	
Nic Green	
28	
20 RR10	
Neil White	
28	
Jan 20	
Anne Hampton VOG+	
27	
13er	
Elizabeth White	
27	
Jan 20	
David Lucas	
27	
1er 20	
Laura Mills	
27	
11er	
Rebecca Hayes	
27	
1er 20	
Mark Hayes	
27	
1er 20	
Laura Harris	
27	
1er CCB RR10	
Kate Gaze VOG+	
26	
5er RR10	
Patricia Spadaccia	
26	
1er CCB RR10	
Susanna Hardback	
26	
1er 20	
Sue Ellis	
26	
10k	
Steve Cox	
26	
20	
Carolin Orchard	
26	
10	
Andy Evans	
26	
20	
Eric Bowering	
26	
20 10k	
Sam Driscoll	
26	
10	
Graham Rungay	
26	
20	
Simon Mason	
26	
10	
Martin Rogers	
26	
20	
Mike Lucas	
26	
20	
Omar Cavaliere	
26	
CCB RR10	
Lynda Mooney	
CCB RR10	
Darren Anderson	
CCB RR10	
Lyn Hatchett	
CCB RR10	
John Barnett	
CCB RR10	
Jenny Fardo	
CCB RR10	
Ally Grizer	
CCB RR10	
Karen Williams	
CCB RR10	
Nicky Hampton	
1er RR10	
Hal White	
1er RR10	
Lisa Jones	
1er RR10	
Rachel Griffiths	
1er RR10	
Ian Bradley	
RR10	
Darren Martin	
RR10	
Sara Parry	
RR10	
Tina Mills	
RR10	
Ian Green	
RR10 10k	
Robin Bradley	
RR10	
Claire Eyer	
CCB	
Rob Lambert	
CCB	
Steven Egan	
CCB	
Emma Lockey	
CCB	
Jo Haley	
CCB	
Ian Burgess	
CCB	
Denise Pike	
CCB	
Dave Ulett	
CCB	
Priscilla Cook	
RR10	
Terry Greening	
RR10	
Dave Pilbeam	
RR10	
Michelle Le Tissier	
RR10	
Vicky Bowden	
RR10	
Rebecca Bowden	
RR10	
Lindsay Davis	
RR10	
Rachel Evans	
1er	
Jack Denham	
1er	
Brian Leigh	
1er	
Graeme Bowering-Martin	
1er	