

Total Score * Performance * Participation (last updated 01/03/20)																	
Team	Performance * Best 3 scores of 3 January best efforts				Participation * Best 3 scores of 3 January best efforts				Performance * Best 3 of 6 scores				Participation * Best 3 of 6 scores	Total score	Position	Name	Category
	2 Wks	1WK	10 Wks	Half Marathon	Marathon	50 Mile	100 Mile	150 Mile	200 Mile	250 Mile	300 Mile	350 Mile					
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Team	Performance	Participation	Total score	Position	Name	Category
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