	Total Score = Performance + Participation - last updated 07/03 /25									
	Performance = Best 3 Scores of 5 (season's best times)					Participation = Best 3 Scores of 5 (ranked first by numbers completed)				
Score	5 Mile	10K	10 Mile	Half Marathon	Marathon	CC6s: total score across races (up to your best 3), from CC6 website	RR10s: % rank across races (up to your best 6), from RR10 website	HRRL: % rank across races (up to your best 7), from HRRL website updated Ryde	PARKRUN	HXCL: total score across races (up to your best 3), from HXCL website
30	James Dean Romsey 5 28.29	Shaun Egan Ribble 10k 34.05	Dave Ullett New Forest 1.02.26	Shaun Egan Wokingham **1.11.12 PB**	Lee Trueman Miami 3.23.43	Dave Ullett 20 *3 race*		Tony Lees 55.53% *7 races*	**NEIL WHITE 250+** **18.49 PB** *21-30 parkruns (23)*	Mark Jones 550 *3 race*
29	Dave Ullett Victory 28.58	Neil White Stubbington 39.10	Tony Lees New Forest 1.12.49	Dave Ullett Gosport 1.23.30	Neil Cameron IOW 3.53.10	Darren Anderson 73 *3 races*		Mike Gordon 27.70% *7 races*	Brian Frampton 100+ 20.22 *21-30 parkruns (24)*	Andy Gates 608 *3 race*
28	Christian Folliot Victory **30.49**	Darren Anderson TRC 10K **39.21 PB**	Rob Kendall New Forest 1.13.26	Adam Wilkinson Solent **1.24.35 PB**	Andy Warren IOW 3.56.37	Neil White 116 *3 race*		Dave Ullett 88.58% *5 race*	**TONY LEES 250+** 20.55 *21-30 parkruns (22)*	Dave Ullett 192 *2 race*
27	Neil White Victory **31.22 PB**	Rob Kendall Stubbington 41.06	Brian Leigh New Forest 1.15.40	Trevor Hiller Solent **1.25.00 PB**	Andy Evans Abingdon 4.16.15	Paul Muir 141 *3 race*		Brian Leigh 34.90% *5 races*	Brian Leigh 100+ 21.46 *21-30 parkruns (25)*	Terry Greening 444 *2 race*
26	Tony Lees Victory 34.52	Paul Muir TRC 10K **42.13 PB**	Terry Greening New Forest 1.16.49	Neil White Gosport 1.34.32		Mark Jones 148 3 races		Neil White 68.45% *4 races*	**ANDY WARREN 250+** 21.56 *21-30 parkruns (27)*	Mike Mills 498 *2 race*
25	Mark Jones Victory 35.35	Mark Jones Stubbington **42.25 PB**	Brian Frampton Ryde 1.17.15	Tony Lees Solent 1.36.02		Tony Lees 185 *3 race*		Mike Mills 3.9% *4 races*	**ROB BARLOW 250+** 27.34 *21-30 parkruns (22)*	Jon Perrett 185 *1 race*
24	Andy Evans Victory **35.53 PB**	Brian Frampton Run through S'ton 42.30	Mike Gordon New Forest 1.25.17	Mark Jones Wokingham 1.37.13 PB		Brian Leigh 196 *3race*		Lee Start 32.47% *3 race*	Keith Whitten 100+ 22.28 *21-30 parkruns (23)*	David Lindsell 222 *1 race*
23	Brian Leigh Overton 36.57	Tony Lees Stubbington 42.40	Mark Hayes Ryde 1.26.53	John White Gosport 1.46.06		Andy Warren 207 *3 race*		Denis Coady 10.20% *3 races*	**MIKE MILLS 250+** 32.12 *21-30 parkruns (21)*	
22	Lee Start Victory **37.25 PB**	Andy Warren Stubbington **43.09 PB**	Ian Dodkin Ryde 1.27.41	Luke Mills Solent **1.49.28 PB**		Andy Gates 243 *3 races*		Steve Cox 10.17% *3 race*	Dave Ullett 100+ **17.28 PB** *11-20 parkruns (18)*	
21	Nick White Overton **38.14 PB**	Andy Gates TRC 10K 44.25	Pete Ellis Bideford 10 miler 1.27.54	Mike Gordon Gosport 1.48.20		Steve Cox V40 281 *3 race*		Mark Jones 50.75% *2 race*	Mark Jones **20.26 PB** *11-20 parkruns (20)*	
20	Mike Gordon Victory 39.24	Brian Leigh Run through S'ton 45.19	Denis Coady New Forest 1.38.45	Dave Nightingale Miami 1.49.37		Mike Mills 381 *3 race*		Tony Kendrick 6.3% *2 race*	Keith Collier **21.44 PB** *11-20 parkruns (13)*	
19	Neil Cameron Victory 39.37	Lee Start Stubbington **46.03 PB**	Steve Cox New Forest 1.39.09	Neil Cameron Winchester 1.50.08		Denis Coady 400 *3 race*		Shaun Egan 95.20% *1 race*	Omar Cresdee 100+ 22.18 *11-20 parkruns (17)*	
18	Shaun Grieves Romsey 5 **47.50 PB**	Neil Cameron Run through S'ton 46.44	Mike Mills Bramley 10 1.46.09	Lee Start Gosport **1.51.10 PB**		Dave Murray 425 3 races		Adam Wilkinson 86.5% *1 race*	Lee Start 100+ 22.53 *11-20 parkruns (20)*	
17	Tony Kendrick Victory 49.49	Stuart Le Tissier TRC 10K 46.51		Steve Cox Solent **2.06.07 PB**		Lee Start 167 *2 races*		Trevor Hillier 85.80% *1 race*	Mike Gordon 100+ 24.10 *11-20 parkruns (17)*	
16	Mike Mills Victory 50.34	Mike Gordon Stubbington 48.48		Andy Mansfield Royal Parks 2,07,51		Geoff Willis 171 *2 race*		Christian Folliot 80.20% *1 race*	**PETE ELLIS 250+** 24.37 *11-20 parkruns (14)*	
15	Paul Gale Romsey 5 47.50	David Lindsell TRC 10K 49.49		Mike Mills Gosport 2.19.46		Neil Cameron 205 *2 races*		Darren Anderson 73.10% *1 race*	**STUART FOSTER 250+** 25.00 *11-20 parkruns (18)*	
14		Denis Coady Stubbington 55.00				Craig Taylor 216 *2 races*		Rob Kendall 60.8% *1 race*	Andy Mansfield 100+ 25.48 *11-20 parkruns (11)*	
13		Tony Kendrick Stubbington 59.07				Steven Cox 265 *2race*		Andy Warren 53.10% *1 race*	Craig Taylor 100+ 26.41 *11-20 parkruns (19)*	
12		Tom McDaid TRC 10K **1.00.18 PB**				Josh Denham 5 *1 race*		Terry Greening 51.20% *1 race*	Tony Kendrick 100+ 28.16 *11-20 parkrun (11)*	
11						Stuart Booth 46 *1 race*		Andy Evans 44.80% *1 race*	Denis Coady 28.48 *11-20 parkruns (11)*	
10						Keith Whitten 60 *1 race*		Nick White 34.20% *1 race*	Lindsay Davies 100+ 47.02 *1-10 parkruns (14)*	
9						Jon Marsden 63 *1 race*		John White 33.40% *1 race*	Shaun Egan **16.14 PB** *1-10 parkruns (3)*	
8						Andy Evans 69 *1 race*		Luke Mills 29.70% *1 race*	Josh Denham **16.56 PB** *1-10 parkruns (2)*	
7						Nick White 73 *1 race*		Brian Frampton 48.20% *1 race*	Paul Bullen 100+ 18.55 *1-10 parkruns (5)*	
6						John Perrett 74 *1 race*		Mark Hayes 25.50% *1 race*	Mike Read 20.32 *1-10 parkruns (3)*	
5						Omar Cresdee 106 *1 race*		Neil Cameron 24.00% *1 race*	Stuart Booth 20.44 *1-10 parkruns (2)*	
4						Eamonn Rivers 112 *1 race*		Ian Dodkin 23.60% *1 race*	Rob Kendall 21.12 *1-10 parkruns (3)*	
3						David Lindsell 113 *1 race*			Simon Hall 21.19 *1-10 parkruns (2)*	
2						Harvey Hiscock 115 *1 race*			**JON MARSDEN 250+** 22.05 *1-10 parkruns (5)*	
1									Neil Cameron 100+ 22.19 *1-10 parkruns (7)*	
									Dan Burgess **22.22 PB** *1-10 parkruns (9)*	
									Andy Gates 22.27 *1-10 parkruns (1)*	
									Mark Hayes 22.28 *1-10 parkruns (10)*	
									Graham Bungay 100+ 22.31 *1-10 parkruns (1)*	
									Geoff Willis 22.50 *1-10 parkruns (2)*	
									Jon Perrett 22.55 *1-10 parkruns (4)*	
									Ian Dodkin 22.59 *1-10 parkruns (2)*	
									Eamonn Rivers 23.33 *1-10 parkruns (2)*	
									Nick White 23.38 *1-10 parkruns (10)*	
									Adrian Hayes 24.20 *1-10 parkruns (6)*	
									Andy Green 24.21 *1-10 parkruns (2)*	
									Stephen Cox 25.18 *1-10 parkruns (1)*	
									Andy Walker 25.18 *1-10 parkruns (1)*	
									Andrew Perriam 25.28 *1-10 parkruns (4)*	
									David Lindsell 25.49 *1-10 parkruns (4)*	
									Steven Cox 26.24 *1-10 parkruns (3)*	
									Shaun Grieves 28.38 *1-10 parkruns (5)*	
									Luke Mills 28.55 *1-10 parkruns (1)*	
									Tom McDaid 31.50 *1-10 parkruns (5)*	
									Dave Murray 32.40 *1-10 parkruns (9)*	
									Andy Walker 34.02 *1-10 parkruns (1)*	
									Paul Gale 100+ 39.58 *1-10 parkruns (4)*	

SCORES													
Performance best 3 of 5 scores					Participation best 3 of 5 scores					Total score	Position	Name	Category
30		30	29		30		28	22	28	175	1	Dave Ullett	V40
28	29		26		28		26	30		167	2	Neil White	V40
26	23	29	25		25		30	28		163	3	Tony Lees	V60
25	25		24		26		21	21	30	151	4	Mark Jones	V50
23	20	27			24		26	27		147	5	Brian Leigh	V60
16		21	15		20		25	23	26	126	6	Mike Mills	V70
22	19		18		17		24	18		118	7	Lee Start	V50
	22			28	23		13	26		112	8	Andy Warren	V40
20	16	24	21				28	17		110	9	Mike Gordon	V50
19	18		19	29	15		6	1		89	10	Neil Cameron	V50
	14	20			19		23	12		88	11	Denis Coady	V70
	30		30				19	9		88	11	Shaun Egan	SEN
	24	27					7	29		87	13	Brian Frampton	V60
	27	28					14	4		73	14	Rob Kendall	V40
		19	17		13		22			71	15	Steven Cox	V60
	21				22				29	72	16	Andy Gates	V60
	28				29		15			72	16	Darren Anderson	V40
24				27	8		11			70	18	Andy Evans	V40
		26					12		27	65	19	Terry Greening	V40
17	13						20	14		64	20	Tony Kendrick	V60
	26				27					53	21	Paul Muir	V40
			28				18			46	22	Adam Wilkinson	V40
29							16			45	23	Christian Folliot	V40
			27				17			44	24	Trevor Hiller	V50
	15				3				24	42	25	David Lindsell	V50
21					7		10			38	26	Nick White	V50
		21						16		37	27	Pete Ellis	V60
					10			24		34	28	Keith Whitten	V50
			23				9			32	29	John White	V40
					6				25	31	30	Jon Perrett	SEN
			16					14		30	31	Andy Mansfield	V50
			22				8			30	32	Luke Mills	V40
30										30	32	James Dean	V40
				30						30	32	Lee Trueman	V40
		22					5			27	35	Ian Dodkin	V50
					14			13		27	35	Craig Taylor	V40
					6			19		25	37	Omar Cresdee	V40
								25		25	37	Rob Barlow	V50
		23								23	39	Mark Hayes	V40
					21					21	40	Steve Cox	V40
					12			8		20	41	Josh Denham	SEN
								20		20	41	Keith Collier	V50
			20							20	41	Dave Nightingale	V50
18										18	44	Shaun Grieves	V60
					18					18	44	Dave Murray	V60
	17									17	46	Stuart Le Tissier	V40
					11			5		16	47	Stuart Booth	V40
					16					16	47	Geoff Willis	V50
								15		15	49	Stuart Foster	V40
15										15	49	Paul Gale	V50
	12									12	51	Tom McDaid	SEN
					9			2		11	52	Jon Marsden	V40
								10		10	53	Linsday Davies	V60
								7		7	54	Paul Bullen	V40
								6		6	55	Mike Read	V40
					4					4	56	Eamonn Rivers	V50
								3		3	57	Simon Hall	V40
					2					2	58	Harvey Hiscock	SEN

Volunteering Male & female 1 point for each parkrun/junior parkrun, 5 points CC6/RR10 10 points for TRC races
HELENA SHAW V250+ *48* *22pr 10k CC6 St*
Emily Stoodley V50+ *40* *15pr 10k CC6 St*
Dave Murray *28* *3pr 10k CC6 St*
Rob Barlow *27* *2pr 10k CC6 St*
Jon Perrett *27* *2pr 10k CC6 St*
SUE TIZARD V100+ *29* *19pr St*
Sarah Gordon *28* *3pr 10k CC6 St*
Pete Ellis *26* *1pr 10k CC6 St*
Craig Taylor *26* *1pr 10k CC6 St*
Nick White *25* *10k CC6 St*
Mike Mills *25* *10k CC6 St*
Rob Kendall *25* *10k CC6 St*
Emma Pilbeam *25* *10k CC6 St*
Angela Soffe *25* *10k CC6 St*
Helen Herman Bonaer *25* *10k CC6 St*
MARLENE LETHEREN V100+ *23* *13pr 10k*
Lee Start *21* *1pr 10k St*
Alison Cooper *21* *1pr 10k st*
Rachel Townsend *20* *10k st*
Andy Walker *20* *10k St*
Ann-Marie Vanderplank V25+ *18* *2pr CC6 St*
Keith Whitten *18* *3pr CC6 St*
Mike Gordon *17* *2pr CC6 St*
David Lindsell *17* *2pr CC6 St*
Amanda Jones *16* *1pr CC6 St*
Sophie Coady *15* *10k CC6*
Caroline Irwin *15* *10k CC6*
Sam Bowyer *15* *10k CC6*
Kev Gardener *15* *CC6 St*
Ian Dodkin *15* *CC6 St*
Paul Muir *15* *CC6 St*
Scott Linton *15* *CC6 St*
Teresa Dodkin *15* *CC6 St*
Tina Mills *15* *CC6 St*
Lyndsay Davis *15* *CC6 St*
Steve Cox snr *15* *CC6 st*
Andy Warren *15* *CC6 St*
Andy Gates *15* *CC6 St*
Jeanette Hiscocks *15* *CC6 St*
Neil Cameron *15* *CC6 St*
Denis Coady *15* *CC6 St*
Lara Bull *15* *CC6 St*
Kirsty Macbeth *15* *CC6 St*
Stephanie Rickson *13* *3 pr St*
Jill Hazleton *12* *2 pr St*
Neil White *11* *1pr St*
Elizabeth White *11* *1pr St*
Dot Kennard *11* *1pr St*
Paul Gale *11* *1pr 10k*
Dean Lucas *11* *1pr St*
Luke Mills *11* *11 pr*
Alison Kaines V50+ *11* *1pr St*
Tanya Davis *10* *1pr St*
Stuart Booth *10* *10k*
Kate Smith *10* *10k*
Farah Hibberd *10* *10k*
Dave Ullett *10* *10k*
Steve Cox *10* *St*
Carolin Orchard *10* *St*
Jenny Symonds *10* *St*
Rachel McCulloch *10* *St*
Rene Pilbeam *10* *St*
Andy Evans *10* *St*
Mel Green *10* *St*
Zea Brenchley *10* *St*
Louise Henning *10* *10k*
Sean Driscoll *10* *St*
Graham Bungay *10* *St*
Carly Lucas *10* *St*
Sharon Palmer *10* *St*
Geoff Willis *10* *St*
Simon Mason *10* *St*
Martin Nugus *10* *St*
Kyle Nugus *10* *St*
Hollie Lowe *10* *St*
Lisa White *10* *St*
Rebecca Hayes *10* *St*
Mark Hayes *10* *St*
Sohinia Keya *10* *St*
Tony Kendrick V50+ *9* *4pr CC6*
Tony Lees V25+ *8* *8pr*
Laura Harvie *6* *1pr CC6*
Patricia Spodzieja *6* *1pr CC6*
Omar Cresdee *5* *CC6*
Lynda Massey *5* *CC6*
Claire Dyer *5* *CC6*
Evie Lambert *5* *CC6*
Shaun Egan *5* *CC6*
Emma Lockey *5* *CC6*
Darren Anderson *5* *CC6*
Lyn Hatchett *5* *CC6*
Jo Haley *5* *CC6*
John Mursell *5* *CC6*
Janet Foote *5* *CC6*
Dan Burgess *5* *CC6*
Donna Pike *5* *CC6*
Dave Ullett *5* *CC6*
Ally Driver *5* *CC6*
Andy Mansfield V25+ *6* *6pr*
Karen Williams *5* *CC6*
Kate Snow V50+ *4* *4pr*
Brian Frampton *2* *2pr*
Lisa James *1* *1pr*
Lisa James *1* *1pr*