Total Score = Performance + Participation - last updated 29/12/24

Score	5 Mile	10K	10 Mile	Half Marathon	Marathon	CC6s: total score across races (up to your best 4), from CC6 website	RR10s: % rank across races (up to your best 6), from RR10 website	HRRL: % rank across races (up to your best 7), from HRRL website last updated Victory	ParkRuns: ranked by number completed as a member since 1st September, in bands of 10, then by season's best time	HXCL: up to best of 3 scores for 2023/24)
	Performance = Best 3 Scores of 5 (season's best times)					Participation = Best 3 Scores of 5 (ranked first by numbers completed)				
30	Amanda Pinckney Victory 34.19 PB	Jo Haley TRC 10k 41.02	Claire Dyer New Forest 1.14.48	Claire Dyer Gosport 1.36.56	Rachel Evans Abingdon 4.16.15	Claire Dyer 26 *2 races*		Elizabeth White 64.8% *5 race*	ELIZABETH WHITE 250+ 22.23 PB *11-20 parkruns (13)*	Claire Dyer 230 *3 race*
29	Claire Dyer Victory 35.04	Sharon Palmer TRC 10k 49.59	Jacquie Barlow New Forest 1.22.37	Patricia Spodzieja Gosport 1.38.06 PB	Amanda Jones Yorkshire 4.23.38 PB	Patricia Spodzieja 36 *2 races*		Sarah Gordon 50.58% *5 race*	Esther Wiley 22.56 *11-20 parkruns (11)*	Emma Pilbeam 345 *3 race*
28	Patricia Spodzieja Overton 37.20	Lucy May TRC 10k 50.05	Sharon Palmer New Forest 1.24.22	Helen Herman Bona Solent 1.42.18	Ann Marie Vanderplank Yorkshire 4.27.44 PB	Sharon Palmer 82 *2 race*		Sharon Palmer 66.2% *4 race*	Amanda Jones 100+ 24.20 *11-20 parkruns (14)*	Amanda Jones 351 *3 race*
27	Elizabeth White Victory 37.22 PB	Rachel McCulloch TRC 10k 54.58	Elizabeth White New Forest 1.26.20	Jacquie Barlow Solent 1.47.54	Alison Kaines Yorkshire 5.14.08	Elizabeth White 82 *2 races*		Claire Dyer 88.13% *3 race*	Rachel Evans 25.32 *11-20 parkruns (11)*	Tina Mills 442 *3 race*
26	Sharon Palmer Victory 38.52 PB	Elizabeth White TRC 10k 55.06	Sophie Coady New Forest 1.28.20	Sophie Coady Gosport 1.50.14	Dot Kennard Yorkshire 5.56.01	Hollie Lowe 145 *2 race*		Rachel McCulloch 42.73% *3 race*	Ann-Marie Vanderplank 100+ 26.59 *11-20 parkruns (17)*	Rene Pilbeam 451 *3 race*
25	Amanda Jones Victory 41.32	Emma Lockey TRC 10k 58.50	Sarah Gordon New Forest 1.29.12	Sharon Palmer Gosport 1.50.30		Teresa Dodkin 204 *2 races*		Patricia Spodzieja 84.45% *2 race*	DONNA PIKE 250+ 28.48 *11-20 parkruns (13)*	Sharon Palmer 238 *2 race*
24	Kathryn Hodgson Victory 42.04 PB	Laura Harvie TRC 10k 1.00.42	Rachel McCulloch New Forest 1.35.46	Elizabeth White Gosport 1.52.01		Dot Kennard 225 *2 races*		Jacquie Barlow 76.80% *2 race*	Alison Kaines 100+ 31.22 *11-20 parkruns (11)*	Ann-Marie Vanderplank 258 *2 race*
23	Hollie Lowe Victory 42.32	Vicky Biondani Utilita 10k 1.00.53	Mel Green New Forest 1.35.41	Carly Lucas Gosport 1.55.00		Jo Haley 5 *1 race*		Sophie Coady 63.90% *2 race*	Helena Shaw 100+ 33.01 *11-20 parkruns (12)*	Alison Kaines 272 *2 race*
22	Sarah Gordon Overton 42.51	Tanya Davies TRC 10k 1.03.02	Tanya Davies New Forest 1.44.27	Sarah Gordon Solent 1.58.48		Helen Herman-Bonaer 24 *1 race*		Mel Green 41.6% *2 race*	Dot Kennard 100+ 33.06 *11-20 parkruns (12)*	Lyn Hatchett 131 *1 race*
21	Zea Brenchley Victory 48.13	Louise Henning TRC 10k 1.03.02	Lyn Hatchett New Forest 1.50.34	Rachel McCulloch Solent 1.58.48		Sophie Coady 30 *1 race*		Amanda Jones 36.2% *2 race*	Jacquie Barlow 22.55 *1-10 parkruns (1)*	Dot Kennard 140 *1 race*
20	Laura Harvie Victory 49.52 PB	Alison Kaines TRC 10k 1.04.15	Ann-Marie Vanderplank New Forest 1.51.03	Louise Henning Gosport 2.01.16		Amanda Jones 59 *1 race*		Alison Kaines 16.3% *2 race*	Patricia Spodzieja 23.49 *1-10 parkruns (7)*	
19	Alison Kaines Victory 51.14	Tina Mills TRC 10k 1.06.42	Alison Kaines New Forest 1.51.03	Mel Green Gosport 2.04.41		Kathryn Hodgson 62 *1 race*		Tina Mills 4.7% *2 race*	Sarah Gordon 100+ 25.05 *1-10 parkruns (8)*	
18	Jeanette Hiscocks Victory 51.33	Helena Shaw Run Norwich 1.08.28	Amanda Jones New Forest 1.51.03	Tina Mills Gosport 2.43.08		Emma Pilbeam 48 *1 race*		Amanda Pinckney 89.8% *1 race*	Kirsty Macbeth 100+ 26.36 *1-10 parkruns (2)*	
17		Clare Bayliss TRC 10k 1.12.38	Dot Kennard New Forest 1.57.06			Jenny Symonds 66 *1 race*		Helen Herman-Bonae 79.00% *1 race*	Amanda Pinckney 26.38 *1-10 Parkruns (1)*	
16			Tina Mills New Forest 2.02.37			Lisa James 91 *1 race*		Carly Lucas 56.5% *1 race*	Christine Plascott 26.51 *1-10 Parkruns (7)*	
15						Laura Harvie 94 *1 race*		Kathryn Hodgson 51.6% *1 race*	Rachel McCulloch 27.59 *1 10 parkruns (1)*	
14						Michelle Gammon 108 *1 race*		Hollie Lowe 48.90% *1 race*	LYN HATCHETT 250+ 28.03 *1-10 parkruns (10)*	
13						Jeanette Hiscocks 109 *1 race*		Louise Henning 46.2% *1 race*	Jill Hazleton 100+ 28.17 *1-10 parkruns (5)*	
12						Ann Marie Vanderplank 110 *1 race*		Tanya Davis 25.9% *1 race*	Rebecca Hayes 28.26 *1-10 parkruns (6)*	
11						Alison Kaines 111 *1 rsce*		Zea Brenchley 22.8% *1 rsce*	Janet Foote 28.26 *1-10 parkruns (4)*	
10						Lyn Hatchett 115 *1 race*		Laura Harvie 19.9% *1 race*	Alison Cooper 28.41 *1-10 parkruns (3)*	
9						Tina Mills 125 *1 race*		Lyn Hatchett 18.9% *1 race*	Vicky Biondani 29.44 *1-10 parkruns (3)*	
8						Rene Pilbeam 130 *1 race*		Ann-Marie Vanderplan 16.9% *1 race*	Rachel Griffiths 29.53 *1-10 parkruns (2)*	
7								Jeanette Hiscocks 14.0% *1 race*	Jeanette Hiscocks 100+ 30.15 *1-10 parkruns (5)*	
6								Dot Kennard 9.50% *1 race*	Laura Harvie 30.15 *1-10 parkruns (5)*	
5									Teresa Dodkin 30.24 *1-10 parkruns (5)*	
4									Clare Bayliss 30.38 *1-10 parkruns (5)*	
3									Sophie Coady 30.41 *1-10 parkruns (1)*	
2									Veronica Smythe 31.18 *1-10 parkruns (3)*	
1									Marlene Letheren 32.44 *1-10 parkruns (7)*	
									TINA MILLS 250+ 32.44 *1-10 parkruns (7)*	
									Sam Bowyer 32.45 *1-10 parkruns (1)*	
									Diana Davies 34.34 *1-10 parkruns (2)*	
									Rebecca Biondani 36.09 *1-10 parkruns (2)*	
									Lisa Smith 100+ 37.43 *1-10 parkruns (2)*	
									Caroline Irwin 100+ 45.20 *1-10 parkruns (1)*	

SCORES

Performance best 3 of 5 scores					Participation best 3 of 5 scores					Total score	Position	Name	Category
29		30	30		30		27		30	176	1	Claire Dyer	V40
27	26	27	24		27		30	30		167	2	Elizabeth White	V40
26	29	28	25		28		28		25	164	3	Sharon Palmer	V40
25		20		29	20		21	28	28	151	4	Amanda Jones	V50
28			29		29		25	20		131	5	Patricia Spodzieja	V40
22		25	22				29	19		117	6	Sarah Gardon	V40
18		20		27	11		20	24	23	132	7	Alison Kaines	V50
		20		28	12		8	26	24	110	8	Ann-Marie Vanderplank	V40
	19	16	18		9		19	1	27	108	9	Tina Mills	V60
		29	27				24	21		101	10	Jacquie Barlow	V40
		26	26		21		23	3		99	11	Sophie Coady	SEN
	27	24	22				26	15		114	12	Racchel McCulloch	SEN
	17			26	24		6	22	21	110	13	Dot Kennard	V50
20	24				15		10	6		75	14	Laura Harvie	SEN
		21			10		9	14	22	67	15	Lyn Hatchett	V40
			28		22		17			67	16	Helen Herman-Bonaer	V40
		23	19				22			64	17	Mel Green	V40
23					26		14			63	18	Hollie Lowe	SEN
24					19		15			58	19	Kathryn Hodgson	SEN
	22	22					13			57	20	Tanya Davies	V40
	22		20				13			55	21	Louise Henning	V40
				30				27		57	22	Rachel Evans	V40
	30				23					53	22	Jo Haley	V40
18					13		7	7		45	24	Jeanette Hiscocks	V50
30							18	17		65	25	Amanda Pinckney	V40
					18				29	47	26	Emma Pilbeam	V40
			23				16			39	27	Carly Lucas	V40
	23							13		36	28	Vicky Biondani	V40
					25			5		30	29	Teresa Dodkin	V50
					8				26	34	30	Rene Pilbeam	V70
21							11			32	31	Zea Brenchley	SEN
	28									28	32	Lucy May	SEN
								25		25	33	Donna Pike	V40
	17							4		21	34	Clare Bayliss	V40
								30		30	35	Esther Wiley	V40
	25									25	36	Emma Lockey	V40
	18							23		41	37	Helena Shaw	V40
								16		16	37	Christine Plascott	V40
								13		13	39	Jill Hazleton	SEN
					16			4		20	39	Lisa Smith	V50
								12		12	41	Rebecca Hayes	V40
								11		11	42	Janet Foote	V60
					17					17	43	Jenny Symonds	V40
								10		10	43	Alison Cooper	V50
								18		18	45	Kirsty Macbeth	V40
								8		8	46	Rachel Griffiths	V40
					14					14	46	Michelle Gammon	V40
								2		2	48	Veronica Smythe	V50
								1		1	49	Marlene Letheren	V60

Volunteering
Male & female 1 point for each parkrun/junior parkrun, 5 points CC6/RR10 10 points for TRC races

Name	Points	Details
HELENA SHAW 250+	41	16pr 10k CC6 St
Emily Stoodley V50+	40	15pr 10k CC6 St
Dave Murray	27	2pr 10k CC6 St
Jon Perrett	27	2pr 10k CC6 St
Sarah Gordon	27	2pr 10k CC6 St
Pete Ellis	26	1pr 10k CC6 St
Rob Barlow	26	1pr 10k CC6 St
Craig Taylor	26	1pr 10k CC6 St
Nick White	25	10k CC6 St
Mike Mills	25	10k CC6 St
Rob Kendall	25	10k CC6 St
Emma Pilbeam	25	10k CC6 St
Angela Soffe	25	10k CC6 St
Helen Herman Bonaer	25	10k CC6 St
SUE TIZARD V100+	24	14pr St
Lee Start	21	1pr 10k St
Alison Cooper	21	1pr 10k st
Rachel Townsend	20	10k st
Andy Walker	20	10k St
MARLENE LETHEREN V100+	20	10pr 10k
Ann-Marie Vanderplank V25+	18	2pr CC6 St
Keith Whitten	16	1pr CC6 St
David Lindsell	16	1pr CC6 St
Mike Gordon	16	1pr CC6 St
Sophie Coady	15	10k CC6
Caroline Irwin	15	10k CC6
Sam Bowyer	15	10k CC6
Kev Gardener	15	CC6 St
Ian Dodkin	15	CC6 St
Paul Muir	15	CC6 St
Scott Linton	15	CC6 St
Teresa Dodkin	15	CC6 St
Tina Mills	15	CC6 St
Lyndsay Davis	15	CC6 St
Steve Cox snr	15	CC6 st
Andy Warren	15	CC6 St
Andy Gates	15	CC6 St
Amanda Jones	15	CC6 St
Jeanette Hiscocks	15	CC6 St
Neil Cameron	15	CC6 St
Denis Coady	15	CC6 St
Lara Bull	15	CC6 St
Kirsty Macbeth	15	CC6 St
Neil White	11	1pr St
Elizabeth White	11	1pr St
Dot Kennard	11	1pr St
Alison Kaines V50+	11	1pr St
Stuart Booth	10	10k
Kate Smith	10	10k
Farah Hibberd	10	10k
Paul Gale	10	10k
Dave Ullett	10	10k
Steve Cox	10	St
Carolin Orchard	10	St
Jenny Symonds	10	St
Rachel McCulloch	10	St
Rene Pilbeam	10	St
Andy Evans	10	St
Mel Green	10	St
Dean Lucas	10	St
Zea Brenchley	10	St
Louise Henning	10	10k
Sean Driscoll	10	St
Graham Bungay	10	St
Carly Lucas	10	St
Sharon Palmer	10	St
Geoff Willis	10	St
Simon Mason	10	St
Martin Nugus	10	St
Kyle Nugus	10	St
Hollie Lowe	10	St
Lisa White	10	St
Rebecca Hayes	10	St
Mark Hayes	10	St
Jill Hazleton	10	St
Sohinia Keya	10	St
Stephanie Rickson	10	St
Tony Kendrick V50+	8	3pr CC6
Laura Harvie	6	1pr CC6
Patricia Spodzieja	6	1pr CC6
Omar Cresdee	5	CC6
Lynda Massey	5	CC6
Claire Dyer	5	CC6
Evie Lambert	5	CC6
Shaun Egan	5	CC6
Emma Lockey	5	CC6
Darren Anderson	5	CC6
Lyn Hatchett	5	CC6
Jo Haley	5	CC6
John Mursell	5	CC6
Janet Foote	5	CC6
Dan Burgess	5	CC6
Donna Pike	5	CC6
Dave Ullett	5	CC6
Ally Driver	5	CC6
Andy Mansfield V25+	5	5pr
Karen Williams	5	CC6
Tony Lees V25+	4	4pr
Kate Snow V50+	4	4pr
Luke Mills	4	4pr
Lisa James	1	1pr
Brian Frampton	1	1pr