Total Score = Performance + Participation

Performance = Best 3 Scores of 5 (season's best times) | **Participation = Best 3 Scores of 5 (ranked first by numbers completed)**

Score	5 Mile	10K	10 Mile	Half Marathon	Marathon	CCEc total events / club 5k / club 5 miler / best 4), from CCEc website	RR10K % rank, events / club 5k / club 5 miler / best 4), from RR10K website	HRRL % rank, events / club 5k / club 5 miler / best 4), from HRRL website	PARKRUN	MKCL total score across our top 5 parkruns, from MKCL website
30	Shaun Egan Romsey Mer **27:58 PB**	Shaun Egan Congleburne **51:13 PB**	Shaun Egan Salisbury **84:26 PB**	Shaun Egan Solent **1:41:39 PB**	Shaun Egan Manchester **3:36:59 PB**	Dave Ufert 5 mile Andy Vallon 118 2 mixer Mark Jones 219 2 mixer	Dave Ufert 99.38% 4 teams Robert Bowyer 74.4% 8 teams Ben Neil 70.64% 8 teams	Dave Ufert 91.38% 7 teams Robert Bowyer 75.56% 7 mixer Neil White 60.97% 8 teams	**ANDY WARREN 2021+** 22:05 **51:40 parkruns (52)** **MEL Jones 2021+** 24:08 **39:43 parkruns (47)** **Brian Alexander 2021+** 24:42 **41:02 parkruns (43)** **Neil Lamont 2021+** **42:00 parkruns (41)** **MARTIN Bell 2021+** **27:20 parkruns (32)** **ROB EBELING 2021+** 24:24 **31:48 parkruns (27)** **MEL Jones 2021+** **32:46 parkruns (25)** **Jon Rennie 2021+** **33:17 parkruns (24)** **Dominic Cowley 2021+** **Chris Hall 2021+** **21:36 parkruns (16)** **Jon Rennie 2021+** **16:17 PB** **31:04 parkruns (22)** **Dave Ufert 2021+** **21:29 PB** **31:40 parkruns (21)** **Keith Collier 2021+** **18:02 PB** **21:39 parkruns (21)** **Neil Cameron 2021+** **21:57 PB** **21:57 parkruns (20)** **Robert Bowyer 2021+** **18:03 PB** **21:59 parkruns (21)** **Mark Simon 2021+** **22:50 PB** **2:44 parkruns (14)** Adam Leigh 22:57 **21:22 parkruns (12)** Adrian Hayes 22:58 **21:22 parkruns (11)** Stuart le Tocaer **18:19 PB** **2:10 parkruns (8)** **Paul Muir 2021+** **19:47 PB** **2:10 parkruns (7)** Rob Kendall 19:48 **2:10 parkruns (6)** Graham Bungay 21:32 **2:10 parkruns (5)** Ben Mercer **22:16 PB** **2:10 parkruns (4)** Paul Cole **22:17 PB** **2:10 parkruns (3)** Steve Cox 23:54 **2:10 parkruns (2)** Rachel Townsend 24:18 **2:10 parkruns (1)** **JON MORGAN 2021+** 20:40 **2:10 parkruns (0)** Graham Bungay 21:56 **2:10 parkruns (0)** Ben Mercer 22:16 **2:10 parkruns (1)** Eustace Evans 22:24 **2:10 parkruns (2)** Matt Harris 22:32 **2:10 parkruns (3)** Mark Hayes 22:36 **2:10 parkruns (4)** Steve Cox 23:54 **2:10 parkruns (5)** **Mark Jones 2021+** **23:57 PB** **2:10 parkruns (6)** Graham Martin **24:07 PB** **2:10 parkruns (7)** Matt Harris **24:11 PB** **2:10 parkruns (8)** Steve Cox 23:54 **2:10 parkruns (9)** Steve Cox **25:03 PB** **2:10 parkruns (9)** Andrew Pervien 25:07 **2:10 parkruns (10)** Luke Mills 26:34 **2:10 parkruns (11)** Neil Lamont 26:34 **2:10 parkruns (12)** Tim Mitchell 26:47 **2:10 parkruns (13)** Simon Mason 26:47 **2:10 parkruns (14)**	Andy Gates 503 2 mixer Mark Jones 504 2 mixer Terrie Cowley 734 2 mixer Mark Jones 857 2 mixer Rob Kendall 1,000 2 mixer
29	Ben Mercer Valeo 27:03 Mark Smith Valeo **27:57 PB**	Ben Mercer Stubbington 34:38 Mark Smith Valeo **1:12:12 PB**	Ben Mercer Hayling **1:57:02 PB** Robert Bowyer Salisbury **2:01:55 PB**	Ben Mercer Chicago **3:21:55 PB** Lee Thornton Chicago **3:21:55 PB**	Ben Mercer Chicago **3:21:55 PB** Lee Thornton Chicago **3:21:55 PB**					
27	Stephen Hayes Valeo **27:58 PB** Carl Bishop Overton 28:47 Robbie Barlow Stubbington **28:47 PB**	Stephen Hayes Eastleigh 35:10 Robbie Barlow Stubbington **36:47 PB** Neil Miller Gosport **1:13:56 PB**	Stephen Hayes Hayling **1:57:02 PB** Robert Bowyer Salisbury **2:01:55 PB** Mark Kendall Fleet **2:01:55 PB**	Robbie Barlow Abingdon **3:14:04 PB** Dave Nightingale Solent 1:39:53 Jon Marsden Solent 1:39:53 Neil Miller Gosport 1:43:21 Graham Bungay Solent 1:39:53 Mark Simon Wokingham **1:55:37 PB** Tony Lewis Gosport 1:57:50 Mark Simon Wokingham **1:55:37 PB** Tony Lewis Gosport 1:57:50 Keith Collier Rydal 1:58:52 Keith Collier Rydal **1:58:52 PB** Neil Cameron Hayling **1:57:02 PB** Tony Dowding Dorking Lady **1:58:37 PB** John White Gosport 1:47:02 Mike Gordon Gosport **1:45:41 PB** Dave Gonzalez Anglesey **1:45:41 PB** Mike Gordon Solent 1:52:28 Jon Bramley Gosport **1:52:28 PB** Steven Cox Gosport **1:56:07 PB** Andy Sherman Lymington 2:12:24 Mike Mills Salisbury 2:20:20 Mike Mills Hampden Park 2:25:23	Robbie Barlow Abingdon **3:14:04 PB** Jon Marsden Manchester **3:19:27 PB** Robbie Barlow Abingdon **3:14:04 PB** Dominic Cowley Guernsey **3:31:24 PB** Simon Lucas Loch Ness **4:16:30** Damien Anderson Southampton **4:16:30 PB** Tony Lewis Gosport **4:16:30 PB** Mark Kendall North Downs H **4:23:51 PB** Brian Hampton Southampton **4:23:51 PB** Andy Mansfield Salisbury **4:14:57 PB**	Andy Vallon 219 2 mixer Mark Jones 231 2 mixer Jon Parrett 246 2 mixer Dave Ufert 246 2 mixer Keith Collier 325 2 mixer Andy Mansfield 370 2 mixer Mark Jones 398 2 mixer Mark Hayes 413 2 mixer Mike Gordon 431 2 mixer Neil Miller 441 2 mixer Craig Taylor 457 2 mixer Neil Miller 463 2 mixer Rob Kendall 483 2 mixer Mike Mills 488 2 mixer Graham Bungay 508 2 mixer Dan Bussens 66 1 mixer Jon Bramley 72 2 mixer Henry Hancock 167 2 mixer Neil Cameron 139 2 mixer Andy Mansfield 169 2 mixer Andy Vallon 184 2 mixer	Brian Alexander 74.04% 5 teams Jon Parrett 87.25% 4 teams Dave Ufert 88.64% 4 teams Andy Davis 86.64% 5 teams Keith Collier 92.61% 8 teams Andy Mansfield 91.17% 8 teams Mark Hayes 91.17% 8 teams Neil Miller 91.17% 8 teams Craig Taylor 91.17% 8 teams Mike Gordon 91.17% 8 teams Rob Kendall 87.68% 8 teams Mike Mills 87.68% 8 teams Graham Bungay 75.73% 8 teams Keith Collier 91.77% 8 teams Mike Mills 7.81% 2 mixer Dominic Cowley 49.09% 2 mixer Mark Hayes 76.19% 2 mixer Tony Lewis 49.09% 2 mixer Ben Mercer 74.24% 2 mixer Rob Kendall 92.43% 2 mixer Graham Bungay 48.48% 2 mixer Dominic Cowley 9.77% 2 mixer Dave Ufert 100.00% 2 mixer Jon Parrett 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer David Lindsell 93.93% 2 mixer Tony Dowding 4.09% 2 mixer	Dave Ufert 91.38% 7 teams Robert Bowyer 75.56% 7 mixer Neil White 60.97% 8 teams Ben Neil 70.64% 8 teams Jon Parrett 87.25% 4 teams Andy Davis 86.64% 5 teams Keith Collier 92.61% 8 teams Andy Mansfield 91.17% 8 teams Mark Hayes 91.17% 8 teams Neil Miller 91.17% 8 teams Craig Taylor 91.17% 8 teams Mike Gordon 91.17% 8 teams Rob Kendall 87.68% 8 teams Mike Mills 87.68% 8 teams Graham Bungay 75.73% 8 teams Keith Collier 91.77% 8 teams Mike Mills 7.81% 2 mixer Dominic Cowley 49.09% 2 mixer Mark Hayes 76.19% 2 mixer Tony Lewis 49.09% 2 mixer Ben Mercer 74.24% 2 mixer Rob Kendall 92.43% 2 mixer Graham Bungay 48.48% 2 mixer Dominic Cowley 9.77% 2 mixer Dave Ufert 100.00% 2 mixer Jon Parrett 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer David Lindsell 93.93% 2 mixer Tony Dowding 4.09% 2 mixer	**Paul Muir 2021+** **19:47 PB** **2:10 parkruns (7)** Shaun Egan **22:24 PB** **2:10 parkruns (2)** Ben Mercer **22:16 PB** **2:10 parkruns (1)** Rob Kendall **19:48 PB** **2:10 parkruns (6)** Graham Martin **24:07 PB** **2:10 parkruns (7)** Matt Harris **24:11 PB** **2:10 parkruns (8)** Steve Cox 23:54 **2:10 parkruns (9)** Steve Cox **25:03 PB** **2:10 parkruns (9)** Andrew Pervien 25:07 **2:10 parkruns (10)** Luke Mills 26:34 **2:10 parkruns (11)** Neil Lamont 26:34 **2:10 parkruns (12)** Tim Mitchell 26:47 **2:10 parkruns (13)** Simon Mason 26:47 **2:10 parkruns (14)**	Andy Gates 503 2 mixer Mark Jones 504 2 mixer Terrie Cowley 734 2 mixer Mark Jones 857 2 mixer Rob Kendall 1,000 2 mixer
28	Dave Ufert 5 mile Graham Martin **24:07 PB** Mike Gordon Gosport 1:54:05 Lee Ward Gosport **1:56:07 PB** Jon Bramley Gosport **1:56:07 PB** Steven Cox Gosport **1:56:07 PB** Andy Sherman Lymington 2:12:24 Mike Mills Salisbury 2:20:20 Mike Mills Hampden Park 2:25:23	Dave Ufert 5 mile Andy Vallon 118 2 mixer Mark Jones 219 2 mixer Jon Parrett 246 2 mixer Dave Ufert 246 2 mixer Keith Collier 325 2 mixer Andy Mansfield 370 2 mixer Mark Jones 398 2 mixer Mark Hayes 413 2 mixer Mike Gordon 431 2 mixer Neil Miller 441 2 mixer Craig Taylor 457 2 mixer Neil Miller 463 2 mixer Rob Kendall 483 2 mixer Mike Mills 488 2 mixer Graham Bungay 508 2 mixer Dan Bussens 66 1 mixer Jon Bramley 72 2 mixer Henry Hancock 167 2 mixer Neil Cameron 139 2 mixer Andy Mansfield 169 2 mixer Andy Vallon 184 2 mixer	Brian Alexander 74.04% 5 teams Jon Parrett 87.25% 4 teams Dave Ufert 88.64% 4 teams Andy Davis 86.64% 5 teams Keith Collier 92.61% 8 teams Andy Mansfield 91.17% 8 teams Mark Hayes 91.17% 8 teams Neil Miller 91.17% 8 teams Craig Taylor 91.17% 8 teams Mike Gordon 91.17% 8 teams Rob Kendall 87.68% 8 teams Mike Mills 87.68% 8 teams Graham Bungay 75.73% 8 teams Keith Collier 91.77% 8 teams Mike Mills 7.81% 2 mixer Dominic Cowley 49.09% 2 mixer Mark Hayes 76.19% 2 mixer Tony Lewis 49.09% 2 mixer Ben Mercer 74.24% 2 mixer Rob Kendall 92.43% 2 mixer Graham Bungay 48.48% 2 mixer Dominic Cowley 9.77% 2 mixer Dave Ufert 100.00% 2 mixer Jon Parrett 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer David Lindsell 93.93% 2 mixer Tony Dowding 4.09% 2 mixer	Dave Ufert 91.38% 7 teams Robert Bowyer 75.56% 7 mixer Neil White 60.97% 8 teams Ben Neil 70.64% 8 teams Jon Parrett 87.25% 4 teams Andy Davis 86.64% 5 teams Keith Collier 92.61% 8 teams Andy Mansfield 91.17% 8 teams Mark Hayes 91.17% 8 teams Neil Miller 91.17% 8 teams Craig Taylor 91.17% 8 teams Mike Gordon 91.17% 8 teams Rob Kendall 87.68% 8 teams Mike Mills 87.68% 8 teams Graham Bungay 75.73% 8 teams Keith Collier 91.77% 8 teams Mike Mills 7.81% 2 mixer Dominic Cowley 49.09% 2 mixer Mark Hayes 76.19% 2 mixer Tony Lewis 49.09% 2 mixer Ben Mercer 74.24% 2 mixer Rob Kendall 92.43% 2 mixer Graham Bungay 48.48% 2 mixer Dominic Cowley 9.77% 2 mixer Dave Ufert 100.00% 2 mixer Jon Parrett 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer Paul Bullen 77.29% 2 mixer Jon Marsden 92.43% 2 mixer Ben Mercer 90.53% 2 mixer Neil Miller 84.29% 2 mixer David Lindsell 93.93% 2 mixer Tony Dowding 4.09% 2 mixer	**Paul Muir 2021+** **19:47 PB** **2:10 parkruns (7)** Shaun Egan **22:24 PB** **2:10 parkruns (2)** Ben Mercer **22:16 PB** **2:10 parkruns (1)** Rob Kendall **19:48 PB** **2:10 parkruns (6)** Graham Martin **24:07 PB** **2:10 parkruns (7)** Matt Harris **24:11 PB** **2:10 parkruns (8)** Steve Cox 23:54 **2:10 parkruns (9)** Steve Cox **25:03 PB** **2:10 parkruns (9)** Andrew Pervien 25:07 **2:10 parkruns (10)** Luke Mills 26:34 **2:10 parkruns (11)** Neil Lamont 26:34 **2:10 parkruns (12)** Tim Mitchell 26:47 **2:10 parkruns (13)** Simon Mason 26:47 **2:10 parkruns (14)**	Andy Gates 503 2 mixer Mark Jones 504 2 mixer Terrie Cowley 734 2 mixer Mark Jones 857 2 mixer Rob Kendall 1,000 2 mixer
26	Peter Ellis Congleburne 51:30 Adrian Hayes Congleburne **51:30 PB** Ian Bradley Congleburne **51:30 PB** Tony Kendrick Eastleigh **1:12:09** Craig Taylor Stubbington 54:08 Mike Gordon Stubbington 55:37 Rob Mallow Stubbington **55:37 PB** Lee Ward Stubbington **55:37 PB** Luke Mills Ryde **55:37 PB** Ian Dodkin Stubbington **55:37 PB** Mike Mills Lowdown 1:07:38:33 Ian Dodkin Southampton 1:13:03									
25										
24										
23										
22										
21										
20										
19										
18										
17										
16										
15										
14										
13										
12										
11										
10										
9										
8										
7										
6										
5										
4										
3										
2										
1										

Performance (best 3 of 5 scores)

Total score	Position	Name	Category
174	1	Dave Ufert	M55
155	2	Shaun Egan	M35
109	3	Ben Mercer	M55
103	4	Mark Jones	M55
101	5	Jon Parrett	M55
100	6	Andy Vallon	M55
100	7	Graham Bungay	M55
99	8	Andy Gates	M55
98	9	Rob Kendall	M55
97	10	Mark Hayes	M55
97	11	Stephen Hayes	M55
93	12	Mike Gordon	M55
92	13	Mark Simon	M55
92	14	Dominic Cowley	M55
91	15	Jon Bramley	M55
91	16	Keith Collier	M55
91	17	Simon Lucas	M55
91	18	Tim Mitchell	M55
91	19	Neil Miller	M55
91	20	Craig Taylor	M55
91	21	Mike Mills	M55
91	22	Paul Bullen	M55
91	23	Jon Marsden	M55
91	24	Ben Neil	M55
91	25	Andy Mansfield	M55
91	26	Tony Dowding	M55
91	27	Dave Ufert	M55
91	28	Neil Cameron	M55
91	29	Mike Gordon	M55
91	30	Tony Lewis	M55
91	31	Mike Mills	M55
91	32	Ian Bradley	M55
91	33	Peter Ellis	M55
91	34	Ian Dodkin	M55
91	35	Mike Mills	M55
91	36	Lee Ward	M55
91	37	Rob Mallow	M55
91	38	Craig Taylor	M55
91	39	Mike Mills	M55
91	40	Lee Ward	M55
91	41	Ian Dodkin	M55
91	42	Mike Mills	M55
91	43	Ian Dodkin	M55
91	44	Mike Mills	M55
91	45	Ian Dodkin	M55
91	46	Mike Mills	M55
91	47	Ian Dodkin	M55
91	48	Mike Mills	M55
91	49	Ian Dodkin	M55
91	50	Mike Mills	M55
91	51	Ian Dodkin	M55
91	52	Mike Mills	M55
91	53	Ian Dodkin	M55
91	54	Mike Mills	M55
91	55	Ian Dodkin	M55
91	56	Mike Mills	M55
91	57	Ian Dodkin	M55
91	58	Mike Mills	M55
91	59	Ian Dodkin	M55
91	60	Mike Mills	M55
91	61	Ian Dodkin	M55
91	62	Mike Mills	M55
91	63	Ian Dodkin	M55
91	64	Mike Mills	M55
91	65	Ian Dodkin	M55
91	66	Mike Mills	M55
91	67	Ian Dodkin	M55

Participation (best 3 of 5 scores)

Total score	Position	Name	Category
174	1	Dave Ufert	M55
155	2	Shaun Egan	M35
109	3	Ben Mercer	M55
103	4	Mark Jones	M55
101	5	Jon Parrett	M55
100	6	Andy Vallon	M55
100	7	Graham Bungay	M55
99	8	Andy Gates	M55
98	9	Rob Kendall	M55
97	10	Mark Hayes	M55
97	11	Stephen Hayes	M55
93	12	Mike Gordon	M55
92	13	Mark Simon	M55
92	14	Dominic Cowley	M55
91	15	Jon Bramley	M55
91	16	Keith Collier	M55
91	17	Simon Lucas	M55
91	18	Tim Mitchell	M55
91	19	Neil Miller	M55
91	20	Craig Taylor	M55
91	21	Mike Mills	M55
91	22	Paul Bullen	M55
91	23	Jon Marsden	M55
91	24	Ben Neil	M55
91	25	Andy Mansfield	M55
91	26	Tony Dowding	M55
91	27	Dave Ufert	M55
91	28	Neil Cameron	M55
91	29	Mike Gordon	M55
91	30	Tony Lewis	M55
91	31	Mike Mills	M55
91	32	Ian Bradley	M55
91	33	Peter Ellis	M55
91	34	Ian Dodkin	M55
91	35	Mike Mills	M55
91	36	Lee Ward	M55
91	37	Rob Mallow	M55
91	38	Craig Taylor	M55
91	39	Mike Mills	M55
91	40	Lee Ward	M55
91	41	Ian Dodkin	M55
91	42	Mike Mills	M55
91	43	Ian Dodkin	M55
91	44	Mike Mills	M55
91	45	Ian Dodkin	M55
91	46	Mike Mills	M55
91	47	Ian Dodkin	M55
91	48	Mike Mills	M55
91	49	Ian Dodkin	M55
91	50	Mike Mills	M55
91	51	Ian Dodkin	M55
91	52	Mike Mills	M55
91	53	Ian Dodkin	M55
91	54	Mike Mills	M55
91	55	Ian Dodkin	M55
91	56	Mike Mills	M55
91	57	Ian Dodkin	M55
91	58	Mike Mills	M55
91	59	Ian Dodkin	M55
91	60	Mike Mills	M55
91	61	Ian Dodkin	M55
91	62	Mike Mills	M55
91	63	Ian Dodkin	M55
91	64	Mike Mills	M55
91	65	Ian Dodkin	M55
91	66	Mike Mills	M55
91	67	Ian Dodkin	M55

Volunteering
Male & female 3 points for each parkrun/event duties, 5 points COMPED

Andy Beardley M55+
87
47 at end-m10
Andy Mansfield M55+
Ben Neil M55+
81
81 at end-m10
Neil Miller M55+
Ben Mercer M55+
80
80 at end-m10
Richard Hawkins M55+
79
79 at end-m10
Dave Ufert M55
78
78 at end-m10
Tony Kendrick M55+
69
69 at end-m10
Mike Gordon M55+
Mark Simon M55+
Jon Bramley M55+
Tony Dowding M55+
Dominic Cowley M55+
Craig Taylor M55+
Mike Mills M55+
Ian Dodkin M55+
Keith Collier M55+
Simon Lucas M55+
Tim Mitchell M55+
Neil Miller M55+
Craig Taylor M55+
Mike Mills M55+
Paul Bullen M55+
Jon Marsden M55+
Ben Neil M55+
Andy Mansfield M55+
Tony Dowding M55+
Dave Ufert M55+
Neil Cameron M55+
Mike Gordon M55+
Tony Lewis M55+
Mike Mills M55+
Ian Bradley M55+
Peter Ellis M55+
Ian Dodkin M55+
Mike Mills M55+
Lee Ward M55+
Rob Mallow M55+
Craig Taylor M55+
Mike Mills M55+
Lee Ward M55+
Ian Dodkin M55+
Mike Mills M55+
Ian Dodkin M55+
Mike Mills M55+
Ian Dodkin M55+
**Mike Mills