

TRC Virtual Hill Climb

Event 2 - Holly Hatch Cottage to Fritham Car Park – Ragged Boys Hill - Approx. 1.7 miles

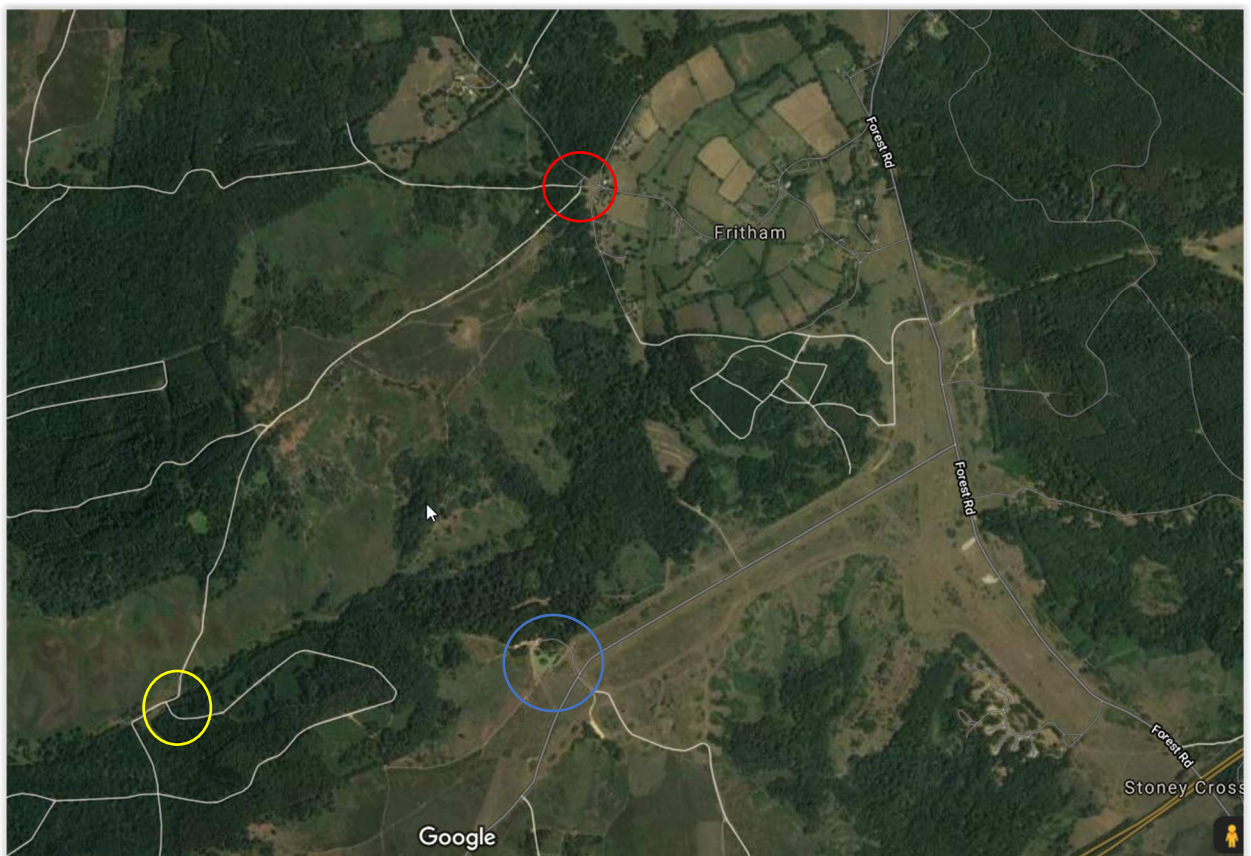
Welcome to the next event in the series of the virtual hill climbs.

The start point for this challenge is at Holly Hatch Cottage, shown in yellow on the map below.

There are two ways of getting to this point depending on what you would like to do as a warmup and cool down. You can either park at Fritham (marked in red) which will run the reverse route to the start, and you have the chance to take in the views.

You can also park at Cadman's Pool (marked in blue) and run through Holly Hatch Enclosure to give you a longer distanced run for the day. It is fairly straight forward to run from Cadman's Pool but can be exposed before getting into the enclosure

Both of these car parks are set back from the main roads so as always be careful about leaving valuables in your car – this includes moving them to the boot when you are there as people do sit and watch



OS map of the route



1



This is the start point of the hill climb, if you have approached from Fritham then this is the view you will see. Coming through Holly Hatch will mean going through this gate to start. Please start within touching distance of the gate

2



Run towards the right, over the bridge/ford and up the hill

3



Follow the gravel track up to the start of the woodland area. This is where you are going to encounter most of the incline on this route.

4



Once into the woods keep following the gravel track.

5



Keep going straight on the track at this point.

6



Keep following the main gravel track all the way back up to the Fritham car park. The incline will have decreased by now so hopefully you should be able to give more effort – unless you have used it all up on the hill

The finish line is the barrier at the end of the track before you go into the car park.

Don't forget to stop your watch and send your results in to Dot and Neil V