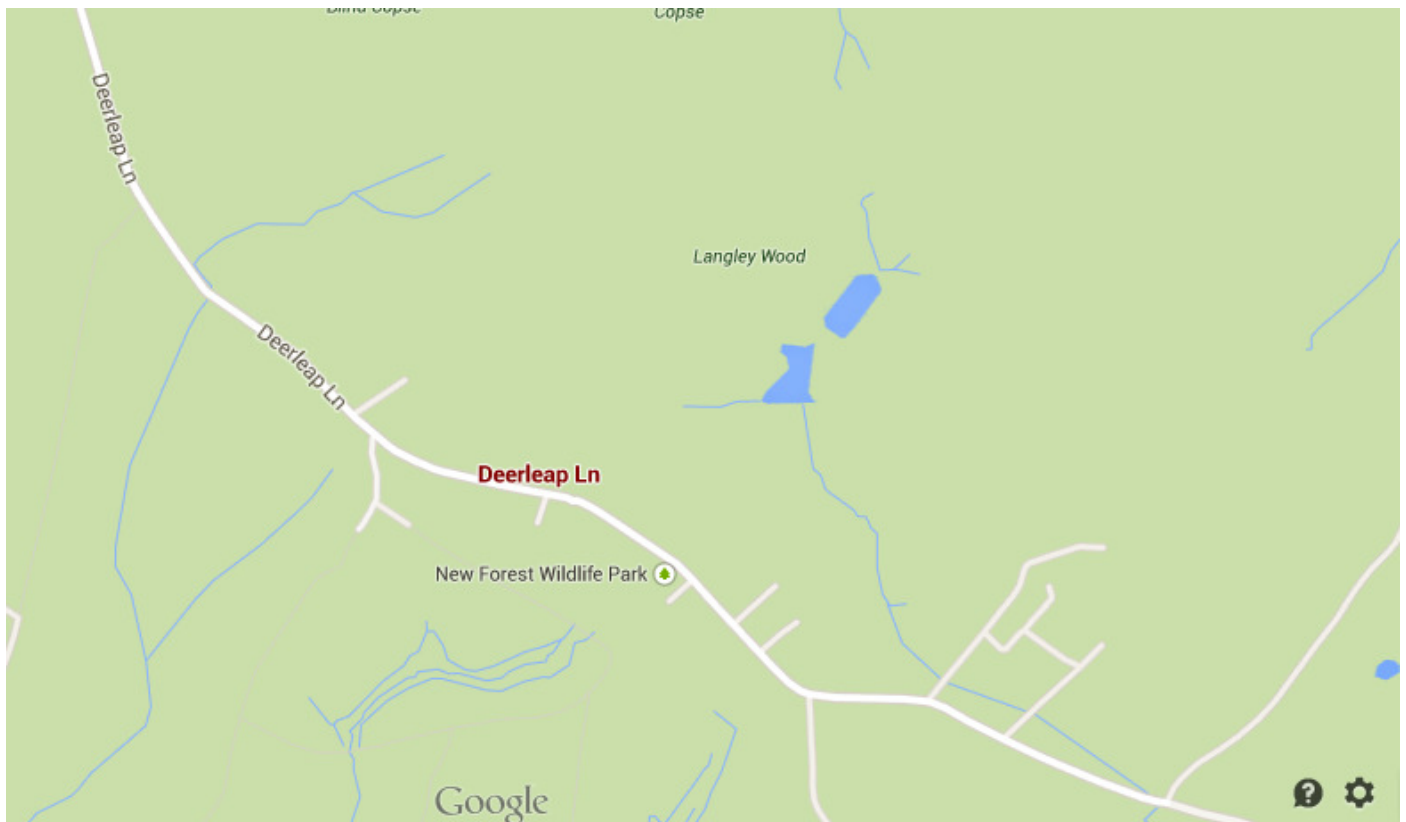


## Deerleap, Deerleap Lane, Near Ashurst, SO40 4UH



Deerleap is the main location for the spring/summer training schedule. It is located close to the New Forest Wildlife Park on Deerleap Lane which runs from Ashurst to Marchwood. Most summer sessions are held here. These include short & long reps, 654321, fartlek, tempo runs and many more and we use both the enclosure and the surrounding forest area. Parking is often limited due to heavy public use in the summer months so lift sharing is advisable.



From SO40 8WU, Totton to unnamed road, Marchwood  
 Distance: 3.6 miles | Time: 0 hr 11 min

Road	Distance (miles)	Directions	Total (miles)
	0.00	<b>Start out</b> on Hazel Farm Road	0.00
<b>A336</b>	0.14	At roundabout take the 3rd exit onto the A336	0.14
	0.35	At roundabout take the 1st exit onto Fletchwood Road	0.49
<b>A326</b>	0.15	At roundabout take the 1st exit onto the A326	0.64
	0.79	At roundabout take the 2nd exit onto the A326	1.43
<b>A35</b>	0.14	Branch left, then turn right onto the A35 <b>Signposted Lyndhurst</b>	1.57
	0.25	At roundabout take the 1st exit onto the A35 <b>Signposted Lyndhurst</b>	1.81
	0.05	Entering New Forest National Park	1.86
	0.31	Turn left onto Deerleap Lane <b>Signposted Longdown</b>	2.17
	1.39	<b>Arrive</b> on unnamed road	3.56
Section time 0:11, Total time 0:11			

