	Total Score = Performance + Participation																					
	Performance = Best 3 Scores					Participation = Best 2 Scores				Scores								Positions			
	5 Mile	10K	10 Mile	Half Marathon	Marathon	CC6s	RR10s	Park Runs	HXCL	Performance				Participation				Total score	Position	Name	Category
0	Aaron Froukhians	James Dean	Aaron Froukhians	Aaron Froukhians	Daniel Hull	Simon Hall	Daniel Hull	Paul Bullen	Paul Bullen	4	3	2	3	0	1	0	11	8	6	1	Daniel Hull	SEN
	Victory	Lymington	Hayling	Solent	Southampton	107 points	92.42%	19.08	647 points	3	6	7	20	20	2	20	0	0	16	2	Paul Bullen	SEN
	27.31	34.29	58.01	1.16.49	3.36.23	*4 runs*	*6 runs*	*46-50 runs (46)*	*4 runs*	2	4	3	2	1	0	20	19	13	18	3	Simon Hall	SEN
1	James Dean	Aaron Froukhians	Marc Lucas	Marc Lucas	Simon Hall	Daniel Hull	Neil White	Neil White	Andy Gates	6	5	8	7	20	6	1	1	20	20	4	Neil White	SEN
	Romsey	Stubbington	Hayling	Gosport	Dorchester	112 points	77.47%	19.34	699 points	0	1	0	0	20	20	20	20	11	31	5	Aaron Froukhians	SEN
	27.49	34.56	59.32	1.20.01	3.41. 10	*4 runs*	*6 runs*	*46-50 runs (48)*	*4 runs*	9	8	10	20	20	5	4	20	1	32	6	Andy Gates	V50
2	Simon Hall	Marc Lucas	Daniel Hull	Simon Hall	Neil Vincent	Paul Bullen	Eamonn Rivers	Robbie Barlow	Robbie Barlow	15	11	11	17	20	13	7	2	2	41	7	Robbie Barlow	SEN
	Romsey	Lordshill	Salisbury	Worthing	Clarendon	165 points	72.35%	20.12	802 points	7	7	5	5	20	20	6	20	20	43	8	John White	SEN
	31.08	37.39	1.04.53	1.26.28	3.42.49	*4 runs*	*6 runs*	*46-50 runs (46)*	*4 runs*	20	2	1	1	20	20	20	20	20	44	9	Marc Lucas	SEN
3	Paul Bullen	Daniel Hull	Simon Hall	Daniel Hull	Dave Wells	Jon Marsden	Brian Frampton	Andy Warren	Mike Mills	8	20	9	8	20	20	3	20	20	48	10	Brian Frampton	V50
	Romsey	Lordshill	Hayling	Gosport	New Forest	168 points	71.96%	*21.46*	823 points	17	15	18	13	4	18	15	12	4	48	10	Tony Kendrick	V60
	31.45	38.45	1.04.54	1.28.04	3.48.01	*4 runs*	*6 runs*	*41-45 runs (44)*	*4 runs*	11	12	12	11	20	8	11	8	20	50	12	Tony Lees	V50
4	Daniel Hull	Simon Hall	Dan Towell	Dan Towell	Tony Kendrick	Eamonn Rivers	Andy Gates	Jon Marsden	Tony Kendrick	18	16	17	18	5	14	13	3	10	51	13	Andy Warren	SEN
	Overton	Netley	Hayling	Gosport	Dublin	188 points	71.46%	19.21	854 points	5	9	4	4	20	20	20	20	20	53	14	Dan Towell	V40
	31.54	40.01	1.06.05	1.29.09	4.04.57	*4 runs*	*6 runs*	*36-40 runs (38)*	*4 runs*	12	17	14	12	20	7	9	20	20	54	15	Geoff Willis	V40
5	Dan Towell	Neil White	John White	John White	Andy Warren	Andy Gates	Sean Driscoll	Rob Barlow	Pete Mills	20	20	20	20	8	16	18	6	3	57	16	Mike Mills	V60
	Victory	Stubbington	Great South Run	Gosport	London	196 points	65.11%	23.24	867 points	1	0	20	20	20	20	20	20	20	61	17	James Dean	SEN
	32. 00	40.29	1.07.46	1.32. 00	4.07.32	*4 runs*	*6 runs*	*36-40 runs (36)*	*4 runs*	10	10	20	9	3	20	20	20	20	62	18	Dave Wells	V50
6	Neil White	Paul Bullen	Steve Wallington	Mark Jones	Steve Davies	Neil White	John White	Mike Mills	Mark Whitlock	16	19	20	20	9	11	12	10	20	65	19	Pete Ellis	V50
	Romsey	Eastleigh	Great South Run	Fleet	Venice	269 points	63.09%	25.31	868 points	20	20	20	20	20	4	2	20	12	66	20	Eamonn Rivers	V50
	32.31	40.48	1.09.11	1.33.29	4.09.21	*4 runs*	*6 runs*	*36-40 runs (37)*	*4 runs*	20	20	20	20	20	3	20	4	20	67	21	Jon Marsden	V40
7	John White	John White	Paul Bullen	Neil White	Kevin Gardener	Geoff Willis	Robbie Barlow	Paul Gale	Dave Pilbeam	14	13	13	10	20	20	20	20	20	76	22	Adrian Hayes	V50
	Overton	Stubbington	Lee Valley Velo	Solent	Jersey	283 points	59.88%	26.32	631 points	20	20	20	20	12	20	20	18	6	76	22	Mark Whitlock	V40
	33.25	41.05	1.09.53	1.34.56	4.22.59	*4 runs*	*6 runs*	*36-40 runs (38)*	*3 runs*	19	20	20	20	20	12	17	20	5	76	24	Pete Mills	V60
8	Brian Frampton	Andy Gates	Neil White	Brian Frampton	Mike Mills	Tony Lees	Dave Ransom	Tony Lees	Daniel Hull	20	20	20	20	20	10	10	20	20	80	25	Chris Barnes	V50
	Victory	Lordshill	Salisbury	Gosport	Walton on Thames	287 points	58.82%	21.13	285 points	20	20	20	20	2	20	20	20	20	82	26	Neil Vincent	V40
	33.31	42.17	1.10.53	1.36.57	4.28.34	*4 runs*	*6 runs*	*31-35 runs (33)*	*2 runs*	13	20	20	20	20	9	20	20	20	82	26	Graeme Browning-Martin	SEN
9	Andy Gates	Dan Towell	Brian Frampton	Dave Wells	Pete Ellis	Graeme Browning	Geoff Willis	Craig Taylor	Matt Northover	20	20	20	20	10	20	20	13	20	83	28	Carl Drainey	V40
	Victory	Eastleigh	Salisbury	Solent	Cyprus	293 points	53.92%	25.32	457 points	20	20	20	20	20	15	19	9	20	84	29	Craig Taylor	V40
	33.54	43.03	1.11.40	1.39.57	4.29.19	*4 runs*	*6 runs*	*31-35 runs (32)*	*2 runs*	20	20	20	15	20	20	20	20	9	84	29	Matt Northover	SEN
10	Dave Wells	Dave Wells	Andy Gates	Adrian Hayes	Carl Drainey	Chris Barnes	Chris Barnes	Pete Ellis	Andy Warren	20	20	20	20	20	5	20	20	20	85	31	Sean Driscoll	V50
	Victory	Lymington	Hayling	Bournemouth	London	316 points	52.72%	21.42	505 points	20	20	20	20	20	20	5	20	20	85	31	Rob Barlow	V40
	34.15	43.23	1.12. 00	1.40.55	4.36.07	*4 runs*	*6 runs*	*26-30 runs (28)*	*2 runs*	20	20	6	20	20	20	20	20	20	86	33	Steve Wallington	V50
11	Tony Lees	Robbie Barlow	Robbie Barlow	Tony Lees	Chris Piper	Pete Ellis	Tony Lees	Daniel Hull	Aaron Froukhians	20	20	20	20	6	20	20	20	20	86	33	Steve Davies	V60
	Romsey	Eastleigh	Salisbury	Gosport	Southampton	318 points	51.82%	18.25	143 points	20	20	20	6	20	20	20	20	20	86	33	Mark Jones	V50
	34.36	43.38	1.13.33	1.40.59	4.41.36	*4 runs*	*6 runs*	*16-20 runs (19)*	*1 run*	20	20	20	20	20	20	20	7	20	87	36	Paul Gale	V40
12	Geoff Willis	Tony Lees	Tony Lees	Geoff Willis	Mark Whitlock	Pete Mills	Pete Ellis	Tony Kendrick	Eamonn Rivers	20	20	20	20	7	20	20	20	20	87	36	Kevin Gardener	SEN
	Victory	Stubbington	Salisbury	Bournemouth	Southampton	371 points	47.72%	21.28	145 points	20	20	20	20	20	20	20	20	7	87	36	Dave Pilbeam	V60
	34.57	43.48	1.14.04	1.41.34	4.54.06	*4 runs*	*6 runs*	*16-20 runs (16)*	*1 run*	20	20	20	20	20	20	14	14	20	88	39	Rob Kendall	V40
13	Graeme Browning	Adrian Hayes	Adrian Hayes	Tony Kendrick	Steve Batten	Robbie Barlow	Andy Warren	Carl Drainey	Simon Hall	20	20	20	20	20	20	8	20	20	88	39	Dave Ransom	V70
	Romsey	Lymington	Hayling	Weymouth	Brighton	382 points	46.75%	24.49	165 points	20	20	20	19	11	20	20	20	20	90	41	Chris Piper	SEN
	35.03	44.45	1.14.58	1.42.37	5.00.18	*4 runs*	*6 runs*	*16-20 runs (17)*	*1 run*	20	20	20	20	20	20	16	15	20	91	42	Terry Greening	V40
14	Adrian Hayes	Tim Baker	Geoffrey Willis	Simon Lees	Aaron Skeels	Andy Warren	Rob Kendall	Rob Kendall	Duncan Beck	20	20	20	20	13	20	20	20	20	93	43	Steve Batten	V40
	Victory	Lordshill	Salisbury	Meon Valley	Southampton	399 points	45.90%	21.29	242 points	20	20	20	14	20	20	20	20	20	94	44	Simon Lees	SEN
	35.13	45.07	1.16.26	1.43.07	6.38.21	*4 runs*	*6 runs*	*11-15 runs (13)*	*1 run*	20	20	20	20	14	20	20	20	20	94	44	Aaron Skeels	SEN
15	Robbie Barlow	Tony Kendrick	Matthew Smith	Matt Northover		Craig Taylor	Tony Kendrick	Terry Greening		20	20	20	20	20	20	20	20	14	94	44	Duncan Beck	V40
	Romsey	Eastleigh	Ryde	Fleet		427 points	44.67%	21.58		20	14	20	20	20	20	20	20	20	94	44	Tim Baker	V40
	35.36	46.07	1.16.41	1.44.36		*4 runs*	*6 runs*	*11-15 runs (13)*		20	20	15	20	20	20	20	20	20	95	48	Matthew Smith	SEN
16	Pete Ellis	Andy Warren	Harrison Real	John Curry		Mike Mills	Terry Greening	Andrew Perriam		20	20	20	20	20	20	20	16	20	96	49	Andrew Perriam	V50
	Victory	Netley	Great South Run	Southampton		429 points	43.71%	22.23		20	20	16	20	20	20	20	20	20	96	49	Harrison Real	SEN
	36. 10	46.09	1.18.31	1.44.57		*4 runs*	*6 runs*	*11-15 runs (13)*		20	20	20	16	20	20	20	20	20	96	49	John Curry	V40
17	Tony Kendrick	Geoff Willis	Andy Warren	Robbie Barlow		Simon Mason	Pete Mills	John Pugh		20	20	20	20	20	20	20	17	20	97	52	John Pugh	V60
	Didcot	Eastleigh	Salisbury	Southampton		463 points	36.01%	24.11		20	20	20	20	20	17	20	20	20	97	52	Simon Mason	V60
	36.47	46.17	1.19.11	1.45.34		*4 runs*	*6 runs*	*11-15 runs (13)*		20	20	20	20	20	20	18	20	20	98	54	Mark Hayes	V40
18	Andy Warren	Toby Bryant	Tony Kendrick	Andy Warren		Tony Kendrick	Mark Hayes	Mark Whitlock		20	18	20	20	20	20	20	20	20	98	54	Toby Bryant	SEN
	Overton	Stubbington	Hayling	Worthing		480 points	27.21%	24. 40		20	20	19	20	20	20	20	20	20	99	56	Callum O'Driscoll	SEN
	37.42	46.24	1.21.56	1.46.29		*4 runs*	*6 runs*	*11-15 runs (13)*		20	20	20	20	20	19	20	20	20	99	56	Dave Murray	V50
19	Pete Mills	Pete Ellis	Callum O'Driscoll	Chris Piper		Dave Murray	Craig Taylor	Simon Hall														
	Overton	Stubbington	Great South Run	Worthing		373 points	25.18%	18.44														
	37.55	47.23	1.22.13	1.47.42		*3 runs*	*6 runs*	*6-10 runs (7)*														